

Ergebnisse 13. Triathlon des TSV Bokeloh - "lemonsports.com" Offen - 700 - 21,2 - 5,4 Männer

| Platz | Start-Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel | |
|-------|------------|-----------------|---------------|---------------------------|---------------|-------------|-------------|-------------|------------|
| 1 | 595 | Kampkötter | Lukas | Indulor Team Hannover 96 | 1 AK1 - TM20 | 0:09:11 5 | 0:35:30 7 | 0:17:17 1 | 1:01:59 1 |
| 2 | 649 | Kranz | Daniel | TSV Bokeloh | 1 AK2 - TM25 | 0:09:07 4 | 0:35:38 8 | 0:17:40 3 | 1:02:24 2 |
| 3 | 674 | Brennecke | Alexander | SV Nienhagen | 1 Jun - TM18 | 0:09:04 2 | 0:36:10 13 | 0:17:30 2 | 1:02:44 3 |
| 4 | 306 | Störmer | Dag | Eintracht Hildesheim | 1 AK3 - TM30 | 0:10:17 25 | 0:34:06 1 | 0:18:35 10 | 1:02:59 4 |
| 5 | 713 | Otten | Sören | TSR Olympia Wilhelmshaven | 2 Jun - TM18 | 0:00:00 -- | 0:00:00 -- | 0:18:12 6 | 1:03:34 5 |
| 6 | 698 | Reckemeier | Nils | Hannover 96 | 3 Jun - TM18 | 0:09:50 13 | 0:35:06 3 | 0:18:46 13 | 1:03:43 6 |
| 7 | 367 | Wittmershaus | Horst | SC Weyhe | 1 Sen2 - TM45 | 0:11:14 64 | 0:34:40 2 | 0:19:06 23 | 1:04:59 7 |
| 8 | 598 | Getz | Richard | ESV Eintracht Hameln | 2 AK1 - TM20 | 0:10:53 42 | 0:35:22 4 | 0:18:48 15 | 1:05:03 8 |
| 9 | 716 | Walter | Hendrik | 1.TCO"Die Bären" | 1 JugA - TM16 | 0:09:15 7 | 0:37:07 26 | 0:18:51 16 | 1:05:13 9 |
| 10 | 651 | Sokolowski | Sascha | TSV Bokeloh | 2 AK3 - TM30 | 0:10:14 22 | 0:37:26 33 | 0:18:03 4 | 1:05:44 10 |
| 11 | 449 | Chudalla | Robin | Hannover 96 III | 1 Sen1 - TM40 | 0:09:37 9 | 0:36:12 14 | 0:20:16 71 | 1:06:05 11 |
| 12 | 637 | Wüsteney | Björn | TSV Barsinghausen | 2 AK2 - TM25 | 0:10:10 19 | 0:36:54 20 | 0:19:11 25 | 1:06:15 12 |
| 13 | 635 | Siedlitzki | Christian | SG Findorff-Bremen | 2 Sen2 - TM45 | 0:11:15 66 | 0:36:06 12 | 0:19:01 21 | 1:06:21 13 |
| 14 | 370 | Nowotny | Niclaas | Tri-Mix TSV Schwarme | 3 AK3 - TM30 | 0:11:35 93 | 0:35:26 5 | 0:19:23 33 | 1:06:24 14 |
| 15 | 386 | Penski | Tobias | TuS Blau Weiß Lohne Tr | 4 AK3 - TM30 | 0:11:27 83 | 0:36:33 18 | 0:18:25 7 | 1:06:25 15 |
| 16 | 302 | Jendretzki | Gero | Tri Team Osnabrück | 5 AK3 - TM30 | 0:10:25 27 | 0:37:16 28 | 0:18:55 18 | 1:06:36 16 |
| 17 | 277 | Frank | Arne | Eintracht Hildesheim | 6 AK3 - TM30 | 0:09:16 8 | 0:35:28 6 | 0:21:59 163 | 1:06:42 17 |
| 18 | 680 | Krüger | Florian | SC Weyhe | 2 JugA - TM16 | 0:09:50 12 | 0:38:16 52 | 0:18:44 11 | 1:06:50 18 |
| 19 | 653 | Tegtmeier | Falco | TSV Bokeloh | 3 AK2 - TM25 | 0:10:12 21 | 0:37:11 27 | 0:19:28 36 | 1:06:51 19 |
| 20 | 599 | Weis | Fjordor | SC Langenhagen | 3 AK1 - TM20 | 0:09:07 3 | 0:36:04 10 | 0:21:42 140 | 1:06:53 20 |
| 21 | 427 | Sure | Ulrich | TV 01 Bohmte | 2 Sen1 - TM40 | 0:11:51 111 | 0:37:03 24 | 0:18:08 5 | 1:07:02 21 |
| 22 | 380 | Vanderschot | Sven | TSR Olympia Wilhelmshaven | 1 AK4 - TM35 | 0:11:19 69 | 0:36:33 17 | 0:19:21 32 | 1:07:13 22 |
| 23 | 264 | Piatczyc | Lukas | TSV Bokeloh | 4 Jun - TM18 | 0:10:21 26 | 0:37:02 23 | 0:20:02 55 | 1:07:25 23 |
| 24 | 236 | Endl | Henrik | Uni Triathlöwen Bremen | 7 AK3 - TM30 | 0:12:16 151 | 0:35:59 9 | 0:19:12 26 | 1:07:28 24 |
| 25 | 670 | Elfers | Julian | Stader SV | 5 Jun - TM18 | 0:10:37 35 | 0:38:42 66 | 0:18:27 8 | 1:07:46 25 |
| 26 | 691 | Reckemeier | Claas | ESV Eintracht Hameln | 3 JugA - TM16 | 0:00:00 -- | 0:00:00 -- | 0:19:40 43 | 1:07:48 26 |
| 27 | 513 | Kohlhase | Marcus | VSK Osterholz Triathlon | 2 AK4 - TM35 | 0:11:56 118 | 0:36:05 11 | 0:19:49 46 | 1:07:50 27 |
| 28 | 688 | Josipovic | Jan | Lehrter SV | 4 JugA - TM16 | 0:00:00 -- | 0:00:00 -- | 0:18:56 19 | 1:08:07 28 |
| 29 | 250 | Piatczyc | Timo | TSV Bokeloh | 4 AK1 - TM20 | 0:10:02 18 | 0:38:41 65 | 0:19:26 34 | 1:08:09 29 |
| 30 | 275 | Butterbrodt | Tobias | Eintracht Hildesheim | 3 Sen1 - TM40 | 0:12:06 132 | 0:36:47 19 | 0:19:17 28 | 1:08:10 30 |
| 31 | 180 | Thois | Andreas | TG Neuss | 3 Sen2 - TM45 | 0:12:09 141 | 0:36:17 15 | 0:20:02 56 | 1:08:28 31 |
| 32 | 485 | Ohde | Benjamin | SV Germania Helmstedt | 3 AK4 - TM35 | 0:12:11 143 | 0:36:21 16 | 0:20:01 53 | 1:08:33 32 |
| 33 | 709 | Anderson | Scott | ESV Eintracht Hameln II | 5 JugA - TM16 | 0:11:12 58 | 0:37:24 32 | 0:20:01 54 | 1:08:37 33 |
| 34 | 258 | Meene | Florian | Soltauer SC | 8 AK3 - TM30 | 0:10:57 46 | 0:37:31 34 | 0:20:11 66 | 1:08:39 34 |
| 35 | 433 | DeLong | Fabian | SG LindWuRM | 9 AK3 - TM30 | 0:00:00 -- | 0:00:00 -- | 0:20:29 78 | 1:08:39 35 |
| 36 | 700 | Strunck | David | VfL Wingst | 6 Jun - TM18 | 0:10:34 33 | 0:38:38 64 | 0:19:30 37 | 1:08:42 36 |
| 37 | 695 | Rössig | Noah-Valentin | TriAs Hildesheim III | 6 JugA - TM16 | 0:09:12 6 | 0:40:49 136 | 0:18:45 12 | 1:08:46 37 |
| 38 | 405 | Anderson | Ian | ESV Eintracht Hameln II | 4 Sen2 - TM45 | 0:11:06 53 | 0:38:19 55 | 0:19:30 38 | 1:08:54 38 |
| 39 | 496 | Zielinski | Dieter | Tri Team Lüneburg II | 4 Sen1 - TM40 | 0:12:08 139 | 0:37:18 29 | 0:19:31 39 | 1:08:57 39 |
| 40 | 628 | Michel | Jonas | Trias Hildesheim | 7 Jun - TM18 | 0:10:56 45 | 0:38:06 47 | 0:20:04 61 | 1:09:06 40 |
| 41 | 324 | Koschoreck | Fabian | Hannover 96 V | 5 AK1 - TM20 | 0:11:26 78 | 0:38:23 58 | 0:19:19 31 | 1:09:09 41 |
| 42 | 489 | Wüstefeld | Tim | SV Germania Helmstedt | 6 AK1 - TM20 | 0:11:32 91 | 0:36:58 21 | 0:20:51 94 | 1:09:22 42 |
| 43 | 445 | Hölmann | Gerd | LC Nordhorn | 7 AK1 - TM20 | 0:10:16 24 | 0:38:52 72 | 0:20:14 69 | 1:09:23 43 |
| 44 | 662 | Becker | Stefan | VfL Wolfsburg | 8 Jun - TM18 | 0:11:00 50 | 0:38:26 59 | 0:20:00 52 | 1:09:26 44 |
| 45 | 233 | Mischok | Stefan | TSV Anderten Herren | 4 AK4 - TM35 | 0:11:46 108 | 0:38:06 46 | 0:19:38 42 | 1:09:30 45 |
| 46 | 443 | Ensink | Daniel | LC Nordhorn | 10 AK3 - TM30 | 0:12:19 157 | 0:37:05 25 | 0:20:12 67 | 1:09:36 47 |
| 47 | 602 | Hunte | Marco | TuS Griesheim | 1 Sen3 - TM50 | 0:10:02 17 | 0:37:55 43 | 0:21:44 143 | 1:09:41 48 |
| 48 | 196 | Laabs | Ingo | TSV Barsinghausen | 11 AK3 - TM30 | 0:13:22 241 | 0:37:33 35 | 0:18:47 14 | 1:09:42 49 |
| 49 | 327 | Glinzmann | Carsten | TRI TEAM UMMEL | 5 AK4 - TM35 | 0:12:06 131 | 0:38:18 54 | 0:19:19 30 | 1:09:42 50 |
| 50 | 282 | Schmidt | Hannes | TriAs Hildesheim III | 8 AK1 - TM20 | 0:12:10 142 | 0:38:07 48 | 0:19:35 41 | 1:09:53 51 |
| 51 | 483 | Barbarito | Carlo | SV Germania Helmstedt | 6 AK4 - TM35 | 0:11:32 89 | 0:37:49 42 | 0:20:36 83 | 1:09:56 52 |
| 52 | 332 | Hörper | Christian | 1.TCO Die Bären | 4 AK2 - TM25 | 0:00:00 -- | 0:00:00 -- | 0:19:51 47 | 1:10:02 53 |
| 53 | 208 | Stucke | Marcus | Tri Speedys Peine | 12 AK3 - TM30 | 0:11:24 77 | 0:37:36 36 | 0:21:05 106 | 1:10:05 54 |
| 54 | 515 | Macke | Ole | VSK Osterholz Triathlon | 13 AK3 - TM30 | 0:11:13 60 | 0:38:51 71 | 0:20:08 62 | 1:10:12 55 |
| 55 | 346 | Richers | Olaf | Hannover 96 III | 1 Sen4 - TM55 | 0:12:43 182 | 0:37:37 37 | 0:19:53 49 | 1:10:12 56 |
| 56 | 230 | Markgraf | Bernd | TSV Anderten Herren | 2 Sen3 - TM50 | 0:11:30 88 | 0:37:00 22 | 0:21:44 144 | 1:10:14 57 |
| 57 | 297 | Mühlenhaupt | Henning | Triathlon Heidekreis | 7 AK4 - TM35 | 0:11:38 98 | 0:38:53 74 | 0:19:43 44 | 1:10:14 58 |
| 58 | 676 | Simon | Alexander | VfL Wolfsburg | 7 JugA - TM16 | 0:10:51 40 | 0:00:00 -- | 0:00:00 -- | 1:10:15 59 |
| 59 | 241 | Litzbarski | Ingo | Uni Triathlöwen Bremen | 5 AK2 - TM25 | 0:13:03 208 | 0:37:46 41 | 0:19:34 40 | 1:10:23 60 |
| 60 | 200 | Hassemer | Philipp | KEBTri-TeamSchwarme | 14 AK3 - TM30 | 0:10:58 48 | 0:37:44 39 | 0:21:45 146 | 1:10:27 61 |
| 61 | 048 | Schwekendiek | Jonas | ESV Eintracht Hameln | 9 AK1 - TM20 | 0:10:43 37 | 0:39:46 99 | 0:20:03 60 | 1:10:32 62 |
| 62 | 499 | Kruse | Lüder | Triathlon Club Bremen H | 5 Sen2 - TM45 | 0:11:26 80 | 0:38:09 49 | 0:21:00 102 | 1:10:35 63 |
| 63 | 359 | Schubert | Philipp | LSV Tri Team Wolfenbüttel | 6 AK2 - TM25 | 0:10:25 28 | 0:38:23 57 | 0:21:50 151 | 1:10:38 64 |
| 64 | 481 | Roth | Jürgen | SG LindWuRM | 6 Sen2 - TM45 | 0:00:00 -- | 0:00:00 -- | 0:20:15 70 | 1:10:39 65 |
| 65 | 518 | Rolf-Pissarczyk | Malte | VSK Osterholz Triathlon | 10 AK1 - TM20 | 0:11:23 74 | 0:40:15 115 | 0:19:09 24 | 1:10:47 66 |
| 66 | 447 | Allering | Martin | Hannover 96 III | 15 AK3 - TM30 | 0:12:03 129 | 0:38:20 56 | 0:20:25 75 | 1:10:48 67 |
| 67 | 388 | Schomaker | Ralf | TuS Blau Weiß Lohne Tr | 8 AK4 - TM35 | 0:12:27 169 | 0:39:32 88 | 0:18:53 17 | 1:10:52 68 |
| 68 | 320 | Wichmann | Norbert | Hannover 96 III | 9 AK4 - TM35 | 0:00:00 -- | 0:00:00 -- | 0:19:55 50 | 1:10:53 69 |
| 69 | 717 | Senger | Paul-Finn | 1.TCO Die Bären | 8 JugA - TM16 | 0:00:00 -- | 0:00:00 -- | 0:19:57 51 | 1:10:55 70 |
| 70 | 382 | Abeln | Hendrik | TuS Blau Weiß Lohne Tr | 5 Sen1 - TM40 | 0:10:26 30 | 0:39:38 94 | 0:20:53 95 | 1:10:57 71 |
| 71 | 509 | Behrens | Sven | VSK Osterholz Triathlon | 7 Sen2 - TM45 | 0:12:52 194 | 0:00:00 -- | 0:00:00 -- | 1:11:03 72 |
| 72 | 486 | Richard | Alexander | SV Germania Helmstedt | 16 AK3 - TM30 | 0:13:02 204 | 0:00:00 -- | 0:00:00 -- | 1:11:13 73 |
| 73 | 266 | Fredrich | Jörn | Tri Speedys Peine | 17 AK3 - TM30 | 0:11:09 56 | 0:37:22 31 | 0:22:42 203 | 1:11:13 74 |
| 74 | 278 | Lösche | Thomas | Eintracht Hildesheim | 18 AK3 - TM30 | 0:00:00 -- | 0:00:00 -- | 0:21:44 142 | 1:11:22 75 |

| | | | | | | | | | | | | |
|---------|-------------|----------------|-------------------------|----------------|---------|-----|---------|-----|---------|-----|---------|-----|
| 75 181 | Troschka | Lars | LAV Verden | 10 AK4 - TM35 | 0:12:52 | 195 | 0:37:18 | 30 | 0:21:29 | 129 | 1:11:39 | 76 |
| 76 696 | Roweck | Florian | TriAs Hildesheim III | 9 JugA - TM16 | 0:10:40 | 36 | 0:40:08 | 109 | 0:20:57 | 98 | 1:11:45 | 77 |
| 77 673 | Link | Erik | TSV Eintracht Hittfeld | 10 JugA - TM16 | 0:11:14 | 62 | 0:40:24 | 125 | 0:20:08 | 63 | 1:11:46 | 78 |
| 78 409 | Mortzfeld | Ulrich | ESV Eintracht Hameln II | 8 Sen2 - TM45 | 0:12:13 | 146 | 0:38:28 | 60 | 0:21:07 | 109 | 1:11:48 | 79 |
| 79 237 | Hunold | Christian | Uni Triathlöwen Bremen | 19 AK3 - TM30 | 0:11:34 | 92 | 0:38:02 | 45 | 0:22:19 | 183 | 1:11:55 | 80 |
| 80 473 | Rahier | Philipp | LC Hansa Stuhr Tri-Wölf | 20 AK3 - TM30 | 0:11:40 | 101 | 0:38:49 | 70 | 0:21:29 | 130 | 1:11:57 | 81 |
| 81 384 | Meyer | Markus | TuS Blau Weiß Lohne Tr | 6 Sen1 - TM40 | 0:12:00 | 126 | 0:38:12 | 51 | 0:21:50 | 152 | 1:12:02 | 82 |
| 82 349 | Strüber | Emanuel | Hannover 96 III | 11 AK4 - TM35 | 0:11:15 | 67 | 0:40:03 | 106 | 0:20:47 | 89 | 1:12:05 | 83 |
| 83 442 | De Nie | Sandy | LC Nordhorn | 21 AK3 - TM30 | 0:00:00 | -- | 0:00:00 | -- | 0:21:42 | 139 | 1:12:06 | 84 |
| 84 170 | Koschoreck | Kersten | TSV Barsinghausen | 3 Sen3 - TM50 | 0:11:14 | 61 | 0:38:43 | 67 | 0:22:11 | 177 | 1:12:07 | 85 |
| 85 161 | Gehnes | Michael | SV Aegir 09 Hannover | 22 AK3 - TM30 | 0:12:12 | 144 | 0:38:49 | 69 | 0:21:08 | 110 | 1:12:09 | 86 |
| 86 448 | Burtz | Enrico | Hannover 96 III | 23 AK3 - TM30 | 0:11:54 | 115 | 0:38:36 | 63 | 0:21:42 | 138 | 1:12:11 | 87 |
| 87 430 | Weidner | Sven | TV 01 Bohmte | 7 AK2 - TM25 | 0:14:10 | 295 | 0:39:31 | 85 | 0:18:33 | 9 | 1:12:14 | 88 |
| 88 234 | Gremke | Udo | TSV Anderten Herren | 9 Sen2 - TM45 | 0:11:28 | 84 | 0:37:46 | 40 | 0:23:02 | 227 | 1:12:15 | 89 |
| 89 498 | Kimmel | Viktor | Triathlon Club Bremen H | 8 AK2 - TM25 | 0:12:37 | 179 | 0:40:22 | 121 | 0:19:17 | 29 | 1:12:17 | 90 |
| 90 195 | Koch | Stefan | Luhdener SV | 10 Sen2 - TM45 | 0:11:27 | 82 | 0:38:47 | 68 | 0:22:09 | 176 | 1:12:23 | 91 |
| 91 512 | Klopotek | Marco | VSK Osterholz Triathlon | 12 AK4 - TM35 | 0:12:27 | 168 | 0:38:16 | 53 | 0:21:41 | 137 | 1:12:25 | 92 |
| 92 712 | Otten | Morten | TSR Olympia Wilhelmsh | 11 JugA - TM16 | 0:11:03 | 51 | 0:40:36 | 132 | 0:20:45 | 88 | 1:12:25 | 93 |
| 93 493 | Parnitzky | Cliff | Tri Team Lüneburg II | 24 AK3 - TM30 | 0:12:02 | 128 | 0:38:35 | 62 | 0:21:52 | 156 | 1:12:29 | 94 |
| 94 239 | Klichowicz | Robert | Uni Triathlöwen Bremen | 25 AK3 - TM30 | 0:11:21 | 72 | 0:41:00 | 145 | 0:20:14 | 68 | 1:12:35 | 95 |
| 95 502 | Radloff | Richard | Triathlon Club Bremen H | 26 AK3 - TM30 | 0:13:05 | 212 | 0:38:09 | 50 | 0:21:28 | 128 | 1:12:42 | 96 |
| 96 714 | Rödger | Paul | Hannover 96 V | 12 JugA - TM16 | 0:00:00 | -- | 0:00:00 | -- | 0:18:56 | 20 | 1:12:42 | 97 |
| 97 693 | Bittner | David | Eintracht Hildesheim | 9 Jun - TM18 | 0:13:39 | 258 | 0:39:58 | 105 | 0:19:14 | 27 | 1:12:51 | 98 |
| 98 414 | Kopetzki | Sven | LehrerSV-Triathlon 2 | 13 AK4 - TM35 | 0:12:50 | 189 | 0:39:36 | 91 | 0:20:26 | 77 | 1:12:53 | 99 |
| 99 482 | Wortmann | Jens | SG LindWuRM | 11 Sen2 - TM45 | 0:10:58 | 49 | 0:39:11 | 80 | 0:22:45 | 205 | 1:12:54 | 100 |
| 100 204 | Marialke | Ralf | Tri Speedys Peine | 7 Sen1 - TM40 | 0:11:23 | 75 | 0:37:58 | 44 | 0:23:37 | 255 | 1:12:58 | 101 |
| 101 243 | Neugebauer | Fabian | Uni Triathlöwen Bremen | 9 AK2 - TM25 | 0:13:02 | 207 | 0:39:48 | 100 | 0:20:09 | 65 | 1:13:00 | 102 |
| 102 248 | Käter | Bastian | TSV Bokeloh | 14 AK4 - TM35 | 0:15:04 | 353 | 0:37:38 | 38 | 0:20:18 | 73 | 1:13:00 | 103 |
| 103 176 | Nedelkovski | Aleksandar | VfB Fallersleben | 27 AK3 - TM30 | 0:13:47 | 266 | 0:40:23 | 124 | 0:19:03 | 22 | 1:13:13 | 105 |
| 104 724 | Heise | Niklas | ESV Eintracht Hameln II | 13 JugA - TM16 | 0:12:17 | 152 | 0:39:58 | 104 | 0:20:59 | 100 | 1:13:14 | 106 |
| 105 247 | Griese | Michael | TSV Bokeloh | 28 AK3 - TM30 | 0:13:19 | 237 | 0:40:11 | 111 | 0:19:48 | 45 | 1:13:19 | 108 |
| 106 321 | Wintzer | Frank | Hannover 96 III | 29 AK3 - TM30 | 0:11:42 | 102 | 0:40:17 | 116 | 0:21:24 | 121 | 1:13:22 | 109 |
| 107 410 | Präger | Thorsten | ESV Eintracht Hameln II | 30 AK3 - TM30 | 0:13:47 | 268 | 0:39:13 | 81 | 0:20:23 | 74 | 1:13:22 | 110 |
| 108 415 | Kopmeier | Lars | LehrerSV-Triathlon 2 | 8 Sen1 - TM40 | 0:10:49 | 39 | 0:40:51 | 138 | 0:21:43 | 141 | 1:13:23 | 111 |
| 109 276 | Clever | Stefan | Eintracht Hildesheim | 9 Sen1 - TM40 | 0:11:38 | 95 | 0:41:23 | 161 | 0:20:25 | 76 | 1:13:26 | 112 |
| 110 357 | Niß | Thorben | LSV Tri Team Wolfenbü | 11 AK1 - TM20 | 0:11:28 | 85 | 0:40:58 | 142 | 0:21:02 | 105 | 1:13:28 | 113 |
| 111 325 | Lindner | Patrick | Hannover 96 V | 10 AK2 - TM25 | 0:12:26 | 166 | 0:39:36 | 90 | 0:21:27 | 127 | 1:13:29 | 114 |
| 112 177 | Rohlf | Henning | Team Erdinger Alkoholfr | 31 AK3 - TM30 | 0:11:29 | 87 | 0:39:20 | 82 | 0:22:41 | 202 | 1:13:30 | 115 |
| 113 484 | Georgi | Michael | SV Germania Helmstedt | 12 Sen2 - TM45 | 0:11:54 | 116 | 0:40:50 | 137 | 0:20:47 | 90 | 1:13:31 | 116 |
| 114 383 | Gärtner | Christian | TuS Blau Weiß Lohne Tr | 32 AK3 - TM30 | 0:08:41 | 1 | 0:42:52 | 207 | 0:22:01 | 165 | 1:13:35 | 117 |
| 115 480 | Ritter | Alexander | SG LindWuRM | 10 Sen1 - TM40 | 0:13:10 | 223 | 0:39:51 | 102 | 0:20:35 | 82 | 1:13:36 | 118 |
| 116 497 | Borchers | Maik | Triathlon Club Bremen H | 15 AK4 - TM35 | 0:10:26 | 29 | 0:39:49 | 101 | 0:23:25 | 247 | 1:13:40 | 119 |
| 117 503 | Roeder | Jens | Triathlon Club Bremen H | 11 Sen1 - TM40 | 0:00:00 | -- | 0:00:00 | -- | 0:00:00 | -- | 1:13:44 | 120 |
| 118 235 | Ahlers | Hendrik | Uni Triathlöwen Bremen | 12 AK1 - TM20 | 0:11:24 | 76 | 0:38:53 | 73 | 0:23:27 | 248 | 1:13:44 | 121 |
| 119 422 | Klöcker | Frank | TV 01 Bohmte | 13 Sen2 - TM45 | 0:14:33 | 318 | 0:38:33 | 61 | 0:20:41 | 86 | 1:13:47 | 122 |
| 120 126 | Dragendorf | Henri | Vfl Wolfsburg | 13 AK1 - TM20 | 0:11:47 | 109 | 0:40:03 | 107 | 0:21:57 | 161 | 1:13:47 | 123 |
| 121 708 | Sahlke | Max | Stader SV | 14 JugA - TM16 | 0:11:26 | 79 | 0:41:50 | 175 | 0:20:39 | 85 | 1:13:55 | 124 |
| 122 689 | Nico | Markgraf | TSV Anderten Herren | 15 JugA - TM16 | 0:12:06 | 133 | 0:39:35 | 89 | 0:22:17 | 182 | 1:13:59 | 125 |
| 123 704 | Grabowski | Moritz André | Hannover 96 V | 10 Jun - TM18 | 0:11:06 | 54 | 0:40:35 | 131 | 0:22:19 | 184 | 1:14:00 | 126 |
| 124 490 | Beuss | Martin | Tri Team Lüneburg II | 16 AK4 - TM35 | 0:11:39 | 99 | 0:39:39 | 95 | 0:22:44 | 204 | 1:14:02 | 127 |
| 125 310 | Kretz | Philip | Triathlon Team Buxtehuc | 11 AK2 - TM25 | 0:15:49 | 388 | 0:38:56 | 76 | 0:19:26 | 35 | 1:14:11 | 128 |
| 126 434 | Hessan | Haidar | SG LindWuRM | 17 AK4 - TM35 | 0:13:01 | 203 | 0:39:31 | 87 | 0:21:44 | 145 | 1:14:17 | 129 |
| 127 240 | Koschke | Rainer | Uni Triathlöwen Bremen | 14 Sen2 - TM45 | 0:11:57 | 120 | 0:41:06 | 147 | 0:21:21 | 120 | 1:14:24 | 130 |
| 128 494 | Plümer | Ralf | Tri Team Lüneburg II | 12 Sen1 - TM40 | 0:12:13 | 145 | 0:38:57 | 78 | 0:23:19 | 242 | 1:14:28 | 131 |
| 129 626 | Kiene | Lars | Team Erdinger Alkoholfr | 12 AK2 - TM25 | 0:12:09 | 140 | 0:41:50 | 174 | 0:20:30 | 79 | 1:14:29 | 132 |
| 130 356 | Lorenz | Daniel | LSV Tri Team Wolfenbü | 14 AK1 - TM20 | 0:13:04 | 211 | 0:41:08 | 149 | 0:20:18 | 72 | 1:14:29 | 133 |
| 131 517 | Riethmüller | Matthias | VSK Osterholz Triathlon | 18 AK4 - TM35 | 0:13:28 | 245 | 0:39:43 | 96 | 0:21:25 | 123 | 1:14:37 | 134 |
| 132 478 | Postner | Marc | SG LindWuRM | 15 Sen2 - TM45 | 0:12:50 | 190 | 0:40:26 | 126 | 0:21:26 | 124 | 1:14:42 | 135 |
| 133 232 | Heger | Jens | TSV Anderten Herren | 15 AK1 - TM20 | 0:10:02 | 16 | 0:40:30 | 128 | 0:24:13 | 282 | 1:14:45 | 137 |
| 134 669 | Elfers | Jonas | Stader SV | 11 Jun - TM18 | 0:10:51 | 41 | 0:43:08 | 223 | 0:20:50 | 92 | 1:14:50 | 138 |
| 135 387 | Riesenbeck | Dominik | TuS Blau Weiß Lohne Tr | 13 AK2 - TM25 | 0:13:30 | 247 | 0:38:56 | 77 | 0:22:24 | 188 | 1:14:50 | 139 |
| 136 361 | Wolf-Feßler | Fabian | LSV Tri Team Wolfenbü | 16 Sen2 - TM45 | 0:11:45 | 107 | 0:00:00 | -- | 0:00:00 | -- | 1:14:51 | 140 |
| 137 305 | Speller | Oliver | Tri Team Osnabrück | 13 Sen1 - TM40 | 0:11:39 | 100 | 0:40:35 | 130 | 0:22:38 | 197 | 1:14:52 | 141 |
| 138 407 | Kowallik | Mathias | ESV Eintracht Hameln II | 33 AK3 - TM30 | 0:13:38 | 257 | 0:39:44 | 98 | 0:21:30 | 131 | 1:14:52 | 142 |
| 139 491 | Burmester | Stefan | Tri Team Lüneburg II | 14 Sen1 - TM40 | 0:12:24 | 163 | 0:39:44 | 97 | 0:22:46 | 207 | 1:14:54 | 143 |
| 140 344 | Jache | Andreas | Hannover 96 III | 19 AK4 - TM35 | 0:13:44 | 261 | 0:41:09 | 151 | 0:20:03 | 58 | 1:14:56 | 144 |
| 141 337 | Farke | Harald | Triathlon Team Buxtehuc | 4 Sen3 - TM50 | 0:13:15 | 228 | 0:40:23 | 122 | 0:21:26 | 125 | 1:15:03 | 146 |
| 142 265 | Arndt | Niklas | Tri Speedys Peine | 20 AK4 - TM35 | 0:13:38 | 256 | 0:40:04 | 108 | 0:21:25 | 122 | 1:15:07 | 147 |
| 143 419 | Abrams | Eduard | TV 01 Bohmte | 14 AK2 - TM25 | 0:10:10 | 20 | 0:43:02 | 217 | 0:21:54 | 159 | 1:15:07 | 148 |
| 144 348 | Schröder | Rainer | TRI TEAM UMMEL | 17 Sen2 - TM45 | 0:14:43 | 333 | 0:40:22 | 119 | 0:20:03 | 59 | 1:15:08 | 149 |
| 145 216 | Reimann | Wolfgang | VFL- Jesteburg | 18 Sen2 - TM45 | 0:11:28 | 86 | 0:41:08 | 148 | 0:22:34 | 193 | 1:15:10 | 151 |
| 146 402 | Mesecke | Frank | Hannover 96 IV | 15 AK2 - TM25 | 0:11:58 | 122 | 0:42:02 | 180 | 0:21:11 | 111 | 1:15:10 | 152 |
| 147 296 | Llewellyn | Adrian Michael | Triathlon Heidekreis | 34 AK3 - TM30 | 0:15:31 | 380 | 0:39:06 | 79 | 0:20:34 | 80 | 1:15:11 | 153 |
| 148 406 | Gellert | Ralf | ESV Eintracht Hameln II | 19 Sen2 - TM45 | 0:12:47 | 186 | 0:39:38 | 93 | 0:22:49 | 210 | 1:15:14 | 154 |
| 149 323 | Bengfort | Tobias | Hannover 96 V | 16 AK2 - TM25 | 0:12:55 | 198 | 0:41:25 | 164 | 0:20:55 | 97 | 1:15:16 | 155 |
| 150 347 | Mehrtens | Axel | TRI TEAM UMMEL | 21 AK4 - TM35 | 0:13:33 | 250 | 0:41:10 | 152 | 0:20:34 | 81 | 1:15:17 | 156 |
| 151 273 | Anker | Peter | Eintracht Hildesheim | 20 Sen2 - TM45 | 0:12:31 | 173 | 0:41:32 | 168 | 0:21:15 | 116 | 1:15:18 | 157 |

| | | | | | | | | | | | | |
|---------|-------------------|-------------|--------------------------|----------------|---------|-----|---------|-----|---------|-----|---------|-----|
| 152 330 | Märkert | Heiko | TRI TEAM UMMEL | 5 Sen3 - TM50 | 0:13:37 | 254 | 0:39:54 | 103 | 0:21:49 | 149 | 1:15:20 | 158 |
| 153 331 | Ehrentraut | Mathias | 1.TCO Die Bären | 35 AK3 - TM30 | 0:11:43 | 103 | 0:40:22 | 120 | 0:23:20 | 243 | 1:15:24 | 159 |
| 154 718 | Foehse | Marvin | TV 01 Bohmte | 12 Jun - TM18 | 0:12:19 | 156 | 0:41:00 | 144 | 0:22:07 | 170 | 1:15:25 | 160 |
| 155 675 | Gerono | Lion | Vfl Wolfsburg | 13 Jun - TM18 | 0:13:02 | 205 | 0:40:59 | 143 | 0:21:35 | 133 | 1:15:36 | 161 |
| 156 316 | Voss | Olaf | Triathlon Team Buxtehuc | 21 Sen2 - TM45 | 0:12:25 | 165 | 0:41:32 | 167 | 0:21:39 | 136 | 1:15:36 | 162 |
| 157 476 | Majoni | Christian | SG LindWuHolz | 22 Sen2 - TM45 | 0:13:29 | 246 | 0:40:23 | 123 | 0:21:51 | 153 | 1:15:43 | 164 |
| 158 514 | Landwehr | Jochen | VSK Osterholz Triathlon | 23 Sen2 - TM45 | 0:12:08 | 137 | 0:39:31 | 86 | 0:24:07 | 279 | 1:15:46 | 165 |
| 159 317 | Grages | Alexander | TSV Bokeloh | 16 AK1 - TM20 | 0:11:15 | 65 | 0:43:33 | 234 | 0:21:06 | 108 | 1:15:53 | 166 |
| 160 500 | Oellrich | Andre | Triathlon Club Bremen H | 17 AK1 - TM20 | 0:11:38 | 97 | 0:40:27 | 127 | 0:23:50 | 265 | 1:15:54 | 167 |
| 161 328 | Haar | Jan | TRI TEAM UMMEL | 22 AK4 - TM35 | 0:11:44 | 104 | 0:42:11 | 186 | 0:22:09 | 175 | 1:16:04 | 168 |
| 162 238 | Kantner | Tobias | Uni Triathlöwen Bremen | 17 AK2 - TM25 | 0:10:58 | 47 | 0:41:19 | 159 | 0:23:56 | 270 | 1:16:13 | 170 |
| 163 274 | Benz | Carsten | TriAs Hildesheim III | 6 Sen3 - TM50 | 0:11:55 | 117 | 0:41:15 | 153 | 0:23:04 | 228 | 1:16:14 | 171 |
| 164 458 | Welker | Christoph | SV Altencelle Trimixer | 36 AK3 - TM30 | 0:13:03 | 210 | 0:39:37 | 92 | 0:23:34 | 250 | 1:16:15 | 172 |
| 165 202 | Janke | Rene | KEBTri-TeamSchwarme | 37 AK3 - TM30 | 0:14:24 | 305 | 0:40:10 | 110 | 0:21:45 | 147 | 1:16:19 | 173 |
| 166 411 | Raasch | André | ESV Eintracht Hameln II | 18 AK1 - TM20 | 0:11:53 | 113 | 0:42:11 | 188 | 0:22:16 | 180 | 1:16:20 | 174 |
| 167 179 | Staschen | Sören | OSC Bremerhaven | 15 Sen1 - TM40 | 0:12:17 | 154 | 0:40:55 | 140 | 0:23:17 | 241 | 1:16:29 | 176 |
| 168 474 | Schittkowski-Lahr | Lars | LC Hansa Stuhr Tri-Wölfe | 23 AK4 - TM35 | 0:12:31 | 172 | 0:42:14 | 191 | 0:21:47 | 148 | 1:16:32 | 177 |
| 169 309 | Jordan | Harald | Triathlon Team Buxtehuc | 2 Sen4 - TM55 | 0:15:02 | 351 | 0:38:55 | 75 | 0:22:35 | 194 | 1:16:32 | 178 |
| 170 245 | Ebel | Nico | TSV Bokeloh | 19 AK1 - TM20 | 0:11:22 | 73 | 0:42:11 | 187 | 0:23:07 | 230 | 1:16:39 | 180 |
| 171 242 | Mohrs | Ruben | Uni Triathlöwen Bremen | 18 AK2 - TM25 | 0:13:31 | 249 | 0:41:55 | 177 | 0:21:14 | 114 | 1:16:40 | 181 |
| 172 299 | Ringe | Michael | Triathlon Heidekreis | 24 Sen2 - TM45 | 0:13:54 | 274 | 0:40:12 | 112 | 0:22:38 | 199 | 1:16:44 | 182 |
| 173 362 | Bramkamp | Martin | SC Weyhe | 16 Sen1 - TM40 | 0:00:00 | -- | 0:00:00 | -- | 0:21:00 | 104 | 1:16:46 | 183 |
| 174 721 | Zählcke | Florian | TSR Olympia Wilhelmsh | 16 JugA - TM16 | 0:12:19 | 158 | 0:43:32 | 233 | 0:21:00 | 101 | 1:16:51 | 184 |
| 175 403 | Pigasse | Gilles | Hannover 96 IV | 38 AK3 - TM30 | 0:12:23 | 161 | 0:42:34 | 198 | 0:22:02 | 167 | 1:16:59 | 186 |
| 176 504 | Schmid | Florian | Triathlon Club Bremen H | 19 AK2 - TM25 | 0:11:59 | 125 | 0:43:08 | 221 | 0:21:53 | 158 | 1:17:00 | 187 |
| 177 679 | Großer | Antoine | Stader SV | 14 Jun - TM18 | 0:11:53 | 114 | 0:00:00 | -- | 0:00:00 | -- | 1:17:01 | 188 |
| 178 472 | Müller | Jörg | LC Hansa Stuhr Tri-Wölfe | 25 Sen2 - TM45 | 0:14:07 | 293 | 0:40:46 | 135 | 0:22:09 | 172 | 1:17:02 | 189 |
| 179 249 | Piatczyk | Markus | TSV Bokeloh | 26 Sen2 - TM45 | 0:12:07 | 136 | 0:41:16 | 155 | 0:23:40 | 258 | 1:17:03 | 190 |
| 180 416 | Nöschel | Jörg | LehrterSV-Triathlon 2 | 7 Sen3 - TM50 | 0:13:47 | 265 | 0:42:02 | 181 | 0:21:18 | 119 | 1:17:06 | 191 |
| 181 166 | Jacobs | Markus | TSV Barsinghausen | 17 Sen1 - TM40 | 0:14:32 | 313 | 0:40:33 | 129 | 0:22:05 | 169 | 1:17:10 | 192 |
| 182 291 | Weber | Bernhard | Triathlon Club Bremen M | 27 Sen2 - TM45 | 0:13:02 | 206 | 0:41:17 | 156 | 0:22:53 | 215 | 1:17:11 | 194 |
| 183 314 | Peter | Joachim | Triathlon Team Buxtehuc | 8 Sen3 - TM50 | 0:15:54 | 392 | 0:40:19 | 117 | 0:21:00 | 103 | 1:17:14 | 195 |
| 184 418 | Wilhelms | Marc | LehrterSV-Triathlon 2 | 24 AK4 - TM35 | 0:15:20 | 366 | 0:41:15 | 154 | 0:20:51 | 93 | 1:17:27 | 198 |
| 185 189 | Kurzweil | Helge | Soltauer Sport Club | 9 Sen3 - TM50 | 0:10:15 | 23 | 0:44:13 | 257 | 0:23:01 | 224 | 1:17:30 | 199 |
| 186 307 | Pollmann | Christian | Tri Team Osnabrück | 18 Sen1 - TM40 | 0:13:57 | 279 | 0:41:32 | 166 | 0:22:07 | 171 | 1:17:35 | 200 |
| 187 686 | Heyn | Ole | Tri Team Lüneburg II | 15 Jun - TM18 | 0:00:00 | -- | 0:00:00 | -- | 0:00:00 | -- | 1:17:36 | 201 |
| 188 201 | Herzer | Martin | KEBTri-TeamSchwarme | 28 Sen2 - TM45 | 0:13:06 | 214 | 0:43:47 | 247 | 0:20:45 | 87 | 1:17:37 | 202 |
| 189 465 | Hartmann | Jan-Philipp | LehrterSV-Triathlon 3 | 20 AK1 - TM20 | 0:14:22 | 303 | 0:41:25 | 163 | 0:21:51 | 154 | 1:17:38 | 203 |
| 190 341 | Hasenpusch | Malte | Hannover 96 III | 25 AK4 - TM35 | 0:10:27 | 32 | 0:41:36 | 169 | 0:25:40 | 335 | 1:17:42 | 205 |
| 191 283 | Schmidt | Ingo | TriAs Hildesheim III | 19 Sen1 - TM40 | 0:12:49 | 187 | 0:42:21 | 194 | 0:22:35 | 195 | 1:17:46 | 206 |
| 192 134 | Artner | Andreas | TRI LIZARDS | 10 Sen3 - TM50 | 0:13:30 | 248 | 0:40:20 | 118 | 0:23:56 | 268 | 1:17:46 | 207 |
| 193 173 | Liebetau | Michael | SV Aegir 09 Hannover | 39 AK3 - TM30 | 0:12:43 | 183 | 0:41:38 | 171 | 0:23:37 | 254 | 1:17:59 | 209 |
| 194 506 | Werkman | Andreas | Triathlon Club Bremen H | 11 Sen3 - TM50 | 0:00:00 | -- | 0:00:00 | -- | 0:23:36 | 252 | 1:18:01 | 210 |
| 195 471 | Kahl | Henning | LC Hansa Stuhr Tri-Wölfe | 20 Sen1 - TM40 | 0:11:48 | 110 | 0:42:12 | 189 | 0:24:05 | 277 | 1:18:05 | 211 |
| 196 397 | Brandt | Dirk | Hannover 96 IV | 21 Sen1 - TM40 | 0:13:51 | 271 | 0:43:02 | 215 | 0:21:13 | 112 | 1:18:06 | 212 |
| 197 290 | Wächter | Sascha | Triathlon Club Bremen M | 22 Sen1 - TM40 | 0:13:07 | 219 | 0:43:50 | 249 | 0:21:15 | 117 | 1:18:13 | 213 |
| 198 399 | Heß | Martin | Hannover 96 IV | 29 Sen2 - TM45 | 0:00:00 | -- | 0:00:00 | -- | 0:23:09 | 231 | 1:18:13 | 214 |
| 199 703 | Gondermann | Lennart | Hannover 96 V | 16 Jun - TM18 | 0:12:34 | 175 | 0:43:43 | 242 | 0:22:02 | 166 | 1:18:19 | 215 |
| 200 505 | Ulrichsen | Timm | Triathlon Club Bremen H | 21 AK1 - TM20 | 0:11:19 | 70 | 0:40:14 | 114 | 0:26:48 | 377 | 1:18:21 | 216 |
| 201 279 | Haake | Thomas | TriAs Hildesheim III | 23 Sen1 - TM40 | 0:13:15 | 229 | 0:43:11 | 225 | 0:21:57 | 162 | 1:18:23 | 217 |
| 202 272 | Kuck | Rene | Tri Speedys Peine | 26 AK4 - TM35 | 0:12:28 | 171 | 0:42:56 | 209 | 0:23:02 | 226 | 1:18:26 | 218 |
| 203 404 | Riekenberg | Michael | Hannover 96 IV | 40 AK3 - TM30 | 0:13:49 | 269 | 0:41:44 | 172 | 0:23:01 | 223 | 1:18:33 | 219 |
| 204 456 | Schneider | Andre | Hannover 96 IV | 24 Sen1 - TM40 | 0:13:54 | 273 | 0:42:01 | 179 | 0:22:50 | 213 | 1:18:45 | 220 |
| 205 287 | Meyer | Christian | Triathlon Club Bremen M | 25 Sen1 - TM40 | 0:12:34 | 174 | 0:41:28 | 165 | 0:24:48 | 309 | 1:18:50 | 222 |
| 206 308 | Jepsen | Thorsten | Triathlon Team Buxtehuc | 26 Sen1 - TM40 | 0:17:25 | 420 | 0:40:36 | 133 | 0:20:49 | 91 | 1:18:50 | 223 |
| 207 231 | Zylla | Bernd | TSV Anderten Herren | 30 Sen2 - TM45 | 0:13:19 | 236 | 0:42:18 | 193 | 0:23:16 | 240 | 1:18:52 | 224 |
| 208 312 | Moritz | Wanja | Triathlon Team Buxtehuc | 20 AK2 - TM25 | 0:14:06 | 292 | 0:43:01 | 212 | 0:21:50 | 150 | 1:18:56 | 225 |
| 209 413 | Hellwig | Detlef | LehrterSV-Triathlon 2 | 31 Sen2 - TM45 | 0:13:05 | 213 | 0:42:08 | 184 | 0:23:43 | 260 | 1:18:56 | 226 |
| 210 507 | Bernhard | Jens | SV Germania Helmstedt | 22 AK1 - TM20 | 0:12:52 | 196 | 0:43:59 | 251 | 0:22:14 | 178 | 1:19:06 | 227 |
| 211 492 | Luedtke | Christoph | Tri Team Lüneburg II | 27 AK4 - TM35 | 0:12:23 | 162 | 0:43:29 | 232 | 0:23:21 | 244 | 1:19:13 | 229 |
| 212 457 | Schülke | Julian | SV Altencelle Trimixer | 41 AK3 - TM30 | 0:12:15 | 148 | 0:42:52 | 206 | 0:24:12 | 281 | 1:19:18 | 230 |
| 213 398 | Hanebuth | Tobias | Hannover 96 IV | 21 AK2 - TM25 | 0:15:21 | 367 | 0:41:18 | 158 | 0:22:40 | 201 | 1:19:19 | 231 |
| 214 495 | Wittkop | Carsten | Tri Team Lüneburg II | 27 Sen1 - TM40 | 0:13:15 | 231 | 0:43:42 | 240 | 0:22:26 | 191 | 1:19:23 | 232 |
| 215 207 | Schareina | Ralf | Tri Speedys Peine | 32 Sen2 - TM45 | 0:13:23 | 243 | 0:42:54 | 208 | 0:23:05 | 229 | 1:19:23 | 233 |
| 216 400 | Horn | Vasco | Hannover 96 IV | 28 Sen1 - TM40 | 0:14:12 | 298 | 0:43:35 | 236 | 0:21:37 | 135 | 1:19:23 | 234 |
| 217 707 | Jung | Paul | Hannover 96 V | 17 JugA - TM16 | 0:10:55 | 44 | 0:00:00 | -- | 0:00:00 | -- | 1:19:26 | 235 |
| 218 167 | Kankel | Jens | 1. TCO " Die Bären " Old | 33 Sen2 - TM45 | 0:12:01 | 127 | 0:41:24 | 162 | 0:26:06 | 352 | 1:19:31 | 236 |
| 219 280 | Michel | Sven | TriAs Hildesheim III | 29 Sen1 - TM40 | 0:14:43 | 332 | 0:42:13 | 190 | 0:22:37 | 196 | 1:19:34 | 237 |
| 220 401 | König | Lars | Hannover 96 IV | 30 Sen1 - TM40 | 0:12:14 | 147 | 0:42:48 | 205 | 0:24:31 | 294 | 1:19:34 | 238 |
| 221 417 | Schnepf | Oliver | LehrterSV-Triathlon 2 | 34 Sen2 - TM45 | 0:15:17 | 364 | 0:41:20 | 160 | 0:22:58 | 217 | 1:19:34 | 239 |
| 222 392 | Elwart | Dirk | WSV 21 Wolfenbüttel Tri | 35 Sen2 - TM45 | 0:11:58 | 123 | 0:43:44 | 245 | 0:23:56 | 271 | 1:19:39 | 240 |
| 223 391 | Block | Ruben | WSV 21 Wolfenbüttel Tri | 42 AK3 - TM30 | 0:14:51 | 340 | 0:41:09 | 150 | 0:23:39 | 257 | 1:19:39 | 241 |
| 224 519 | Wöhrmann | Stefan | VSK Osterholz Triathlon | 28 AK4 - TM35 | 0:13:07 | 218 | 0:40:56 | 141 | 0:25:38 | 334 | 1:19:41 | 242 |
| 225 715 | Rottmann | Nick | Tri-Mix TSV Schwarme | 18 JugA - TM16 | 0:13:11 | 224 | 0:45:18 | 278 | 0:21:15 | 115 | 1:19:43 | 243 |
| 226 468 | Wessner | Frank | LehrterSV-Triathlon 3 | 36 Sen2 - TM45 | 0:13:51 | 270 | 0:43:07 | 220 | 0:22:48 | 209 | 1:19:47 | 244 |
| 227 508 | Bauer | Michael | VSK Osterholz Triathlon | 37 Sen2 - TM45 | 0:00:00 | -- | 0:00:00 | -- | 0:22:05 | 168 | 1:19:52 | 245 |
| 228 705 | Jeske | Nils | SC Weyhe | 17 Jun - TM18 | 0:12:37 | 178 | 0:45:53 | 288 | 0:21:26 | 126 | 1:19:56 | 246 |

| | | | | | | | | | | | | |
|---------|-------------|----------------|-------------------------|----------------|---------|-----|---------|-----|---------|-----|---------|-----|
| 229 475 | Lechtenfeld | Olaf | SG LindWuRM | 12 Sen3 - TM50 | 0:15:48 | 386 | 0:43:05 | 219 | 0:21:05 | 107 | 1:19:57 | 247 |
| 230 487 | Serfing | Stephan | SV Germania Helmstedt | 43 AK3 - TM30 | 0:14:12 | 297 | 0:43:37 | 237 | 0:22:09 | 174 | 1:19:58 | 248 |
| 231 470 | Dahm | Manfred | LC Hansa Stuhr Tri-Wölf | 38 Sen2 - TM45 | 0:13:06 | 215 | 0:42:30 | 197 | 0:24:29 | 291 | 1:20:04 | 251 |
| 232 441 | Brinker | Uwe | LC Nordhorn | 13 Sen3 - TM50 | 0:12:51 | 191 | 0:00:00 | -- | 0:00:00 | -- | 1:20:09 | 253 |
| 233 488 | Teiwes | Gerd | SV Germania Helmstedt | 31 Sen1 - TM40 | 0:13:36 | 253 | 0:44:06 | 253 | 0:22:32 | 192 | 1:20:14 | 254 |
| 234 444 | Fimpler | Frank | LC Nordhorn | 44 AK3 - TM30 | 0:11:45 | 106 | 0:42:38 | 202 | 0:25:54 | 346 | 1:20:17 | 255 |
| 235 163 | Haase | Mario | TSV Arminia Vöhrum | 45 AK3 - TM30 | 0:13:44 | 263 | 0:43:37 | 238 | 0:22:59 | 219 | 1:20:20 | 257 |
| 236 423 | Meyer | Olaf | TV 01 Bohmte | 46 AK3 - TM30 | 0:12:08 | 138 | 0:45:33 | 281 | 0:22:50 | 212 | 1:20:31 | 258 |
| 237 369 | Langer | Jörg | Tri-Mix TSV Schwarme | 39 Sen2 - TM45 | 0:13:10 | 222 | 0:42:58 | 210 | 0:24:26 | 289 | 1:20:34 | 259 |
| 238 334 | Moors | Konrad | 1.TCO Die Bären | 29 AK4 - TM35 | 0:13:19 | 238 | 0:42:39 | 203 | 0:24:39 | 301 | 1:20:37 | 260 |
| 239 381 | Zählicke | Jens | TSR Olympia Wilhelmsh | 40 Sen2 - TM45 | 0:12:24 | 164 | 0:43:38 | 239 | 0:24:43 | 306 | 1:20:45 | 261 |
| 240 136 | Hillmann | Sven | TriAs Hildesheim | 47 AK3 - TM30 | 0:12:15 | 149 | 0:44:50 | 269 | 0:23:40 | 259 | 1:20:45 | 262 |
| 241 466 | Rothe | Björn | LehrerSV-Triathlon 3 | 32 Sen1 - TM40 | 0:11:32 | 90 | 0:44:21 | 260 | 0:24:56 | 314 | 1:20:48 | 264 |
| 242 358 | Rickert | Axel | LSV Tri Team Wolfenbütt | 22 AK2 - TM25 | 0:15:54 | 391 | 0:43:08 | 224 | 0:21:55 | 160 | 1:20:57 | 266 |
| 243 366 | Rohlfen | Jens | SC Weyhe | 14 Sen3 - TM50 | 0:14:59 | 350 | 0:41:38 | 170 | 0:24:29 | 292 | 1:21:06 | 269 |
| 244 412 | Henning | Kai-Arne | Hannover 96 IV | 41 Sen2 - TM45 | 0:14:02 | 287 | 0:41:18 | 157 | 0:25:53 | 343 | 1:21:12 | 270 |
| 245 374 | Stüve | Kai-Uwe | Tri-Mix TSV Schwarme | 33 Sen1 - TM40 | 0:14:40 | 326 | 0:43:35 | 235 | 0:22:58 | 218 | 1:21:13 | 271 |
| 246 426 | Reichelt | Thorsten | TV 01 Bohmte | 42 Sen2 - TM45 | 0:14:30 | 312 | 0:39:24 | 83 | 0:27:24 | 388 | 1:21:19 | 274 |
| 247 311 | Kuhn | Karsten | Triathlon Team Buxtehuc | 43 Sen2 - TM45 | 0:14:38 | 323 | 0:42:35 | 201 | 0:24:08 | 280 | 1:21:21 | 275 |
| 248 304 | Prösch | Lutz | Tri Team Osnabrück | 34 Sen1 - TM40 | 0:13:34 | 252 | 0:47:58 | 342 | 0:19:51 | 48 | 1:21:23 | 276 |
| 249 394 | Langer | Raimund | WSV 21 Wolfenbüttel Tri | 44 Sen2 - TM45 | 0:13:56 | 278 | 0:44:49 | 267 | 0:22:38 | 198 | 1:21:23 | 277 |
| 250 206 | Perlebach | Andreas | Tri Speedys Peine | 35 Sen1 - TM40 | 0:15:17 | 363 | 0:43:49 | 248 | 0:22:39 | 200 | 1:21:45 | 279 |
| 251 301 | Diersmann | Stefan | Tri Team Osnabrück | 23 AK1 - TM20 | 0:11:27 | 81 | 0:44:45 | 265 | 0:25:37 | 333 | 1:21:49 | 280 |
| 252 353 | Wrede | Matthias | Hannover 96 IV | 45 Sen2 - TM45 | 0:00:00 | -- | 0:00:00 | -- | 0:23:56 | 269 | 1:21:50 | 281 |
| 253 396 | Weiser | Thomas | WSV 21 Wolfenbüttel Tri | 46 Sen2 - TM45 | 0:13:06 | 216 | 0:45:36 | 282 | 0:23:12 | 235 | 1:21:53 | 282 |
| 254 687 | Jeremy | Neumann | TSV Anderten Herren | 18 Jun - TM18 | 0:13:21 | 240 | 0:40:41 | 134 | 0:27:58 | 402 | 1:22:00 | 283 |
| 255 329 | Hauffer | Eckhard | TRI TEAM UMMEL | 47 Sen2 - TM45 | 0:15:57 | 393 | 0:44:12 | 256 | 0:21:52 | 157 | 1:22:02 | 285 |
| 256 432 | Beermann | Frank | SG LindWuRM | 15 Sen3 - TM50 | 0:16:49 | 410 | 0:43:01 | 214 | 0:22:16 | 181 | 1:22:06 | 286 |
| 257 677 | Grießmann | Till | TSV Bokeloh | 19 JugA - TM16 | 0:00:00 | -- | 0:00:00 | -- | 0:00:00 | -- | 1:22:18 | 289 |
| 258 190 | Lange | Uwe | TRI-Sport-Schwerin | 16 Sen3 - TM50 | 0:00:00 | -- | 0:00:00 | -- | 0:00:00 | -- | 1:22:40 | 293 |
| 259 205 | Obst | Stefan | Tri Speedys Peine | 48 Sen2 - TM45 | 0:13:59 | 285 | 0:46:09 | 298 | 0:22:50 | 211 | 1:22:57 | 294 |
| 260 354 | Dannebaum | Uwe Meinhard | LSV Tri Team Wolfenbütt | 17 Sen3 - TM50 | 0:13:12 | 225 | 0:43:24 | 228 | 0:26:25 | 267 | 1:23:01 | 296 |
| 261 133 | Teigler | Klaus | WSV 1921 Wolfenbüttel | 3 Sen4 - TM55 | 0:00:00 | -- | 0:00:00 | -- | 0:24:32 | 398 | 1:23:05 | 298 |
| 262 663 | Hübel | Justus | SV Altencelle Trimixer | 19 Jun - TM18 | 0:12:22 | 159 | 0:43:26 | 231 | 0:27:28 | 389 | 1:23:16 | 300 |
| 263 701 | Lohmüller | Maximilian | VTB Triathlon Varel | 20 JugA - TM16 | 0:11:04 | 52 | 0:46:43 | 311 | 0:25:30 | 331 | 1:23:17 | 301 |
| 264 162 | Großer | Matthias | Stader SV | 4 Sen4 - TM55 | 0:15:06 | 355 | 0:44:29 | 261 | 0:23:46 | 262 | 1:23:21 | 302 |
| 265 284 | Buschmann | Karl | Triathlon Club Bremen M | 49 Sen2 - TM45 | 0:14:57 | 347 | 0:44:50 | 268 | 0:23:36 | 251 | 1:23:23 | 303 |
| 266 350 | Schwetje | Rouven | Hannover 96 IV | 30 AK4 - TM35 | 0:12:49 | 188 | 0:46:15 | 300 | 0:24:48 | 310 | 1:23:52 | 307 |
| 267 154 | Bittner | Norbert | Vfl Wolfsburg | 50 Sen2 - TM45 | 0:11:38 | 96 | 0:43:43 | 243 | 0:28:36 | 411 | 1:23:57 | 308 |
| 268 203 | Mahnke | Clemens | KEBTri-TeamSchwarmer | 51 Sen2 - TM45 | 0:13:17 | 233 | 0:46:43 | 310 | 0:24:05 | 276 | 1:24:04 | 309 |
| 269 697 | Heinßen | Jan | Triathlon Team Buxtehuc | 21 JugA - TM16 | 0:12:35 | 177 | 0:45:52 | 287 | 0:25:48 | 339 | 1:24:14 | 310 |
| 270 450 | Brühl | Jörg | SV Altencelle Trimixer | 52 Sen2 - TM45 | 0:13:13 | 226 | 0:43:25 | 230 | 0:27:41 | 397 | 1:24:18 | 311 |
| 271 429 | Weidner | Jürgen | TV 01 Bohmte | 18 Sen3 - TM50 | 0:15:22 | 368 | 0:45:11 | 276 | 0:23:49 | 264 | 1:24:23 | 312 |
| 272 469 | Beckröge | Lutz-Werner | LC Hansa Stuhr Tri-Wölf | 5 Sen4 - TM55 | 0:17:27 | 421 | 0:43:02 | 216 | 0:23:57 | 272 | 1:24:25 | 313 |
| 273 467 | Weber | Dirk | LehrerSV-Triathlon 3 | 19 Sen3 - TM50 | 0:15:31 | 379 | 0:44:48 | 266 | 0:24:18 | 284 | 1:24:36 | 316 |
| 274 281 | Sandvoss | Martin | TriAs Hildesheim III | 20 Sen3 - TM50 | 0:13:38 | 255 | 0:44:20 | 259 | 0:26:43 | 374 | 1:24:41 | 318 |
| 275 215 | Korzuschnik | Wolfgang | VTB Triathlon Varel | 53 Sen2 - TM45 | 0:14:50 | 338 | 0:46:58 | 317 | 0:23:12 | 236 | 1:25:00 | 323 |
| 276 326 | Erdtmann | Hans-Jürgen | TRI TEAM UMMEL | 54 Sen2 - TM45 | 0:15:18 | 365 | 0:46:31 | 303 | 0:23:15 | 239 | 1:25:04 | 325 |
| 277 286 | Kostka | Jiri | Triathlon Club Bremen M | 36 Sen1 - TM40 | 0:14:50 | 339 | 0:46:26 | 302 | 0:23:51 | 266 | 1:25:07 | 327 |
| 278 288 | Mix | Uli | Triathlon Club Bremen M | 6 Sen4 - TM55 | 0:18:48 | 432 | 0:44:11 | 255 | 0:22:09 | 173 | 1:25:08 | 328 |
| 279 385 | Neumann | Stefan | TuS Blau Weiß Lohne Tr | 48 AK3 - TM30 | 0:00:00 | -- | 0:00:00 | -- | 0:26:46 | 376 | 1:25:10 | 329 |
| 280 437 | Hübner | Tobias | SG LindWuRM | 49 AK3 - TM30 | 0:15:51 | 389 | 0:45:17 | 277 | 0:24:03 | 273 | 1:25:10 | 330 |
| 281 363 | Lange | Klaus | SC Weyhe | 55 Sen2 - TM45 | 0:14:52 | 342 | 0:47:37 | 336 | 0:22:51 | 214 | 1:25:20 | 331 |
| 282 157 | Dohmeyer | Detlef | TSV Barsinghausen | 21 Sen3 - TM50 | 0:15:24 | 371 | 0:43:25 | 229 | 0:26:33 | 372 | 1:25:22 | 332 |
| 283 335 | von Steuber | Hans-Christian | 1.TCO Die Bären | 22 Sen3 - TM50 | 0:14:11 | 296 | 0:45:02 | 272 | 0:26:14 | 358 | 1:25:27 | 333 |
| 284 451 | Clasing | Ulrich | SV Altencelle Trimixer | 23 Sen3 - TM50 | 0:15:11 | 361 | 0:45:58 | 293 | 0:24:26 | 288 | 1:25:35 | 334 |
| 285 187 | Fröhlich | Martin | SC Langenhagen | 31 AK4 - TM35 | 0:14:54 | 343 | 0:46:01 | 295 | 0:25:05 | 317 | 1:26:01 | 336 |
| 286 169 | Koch | Stefan | Vfl Wolfsburg | 24 Sen3 - TM50 | 0:13:09 | 220 | 0:47:22 | 324 | 0:25:41 | 337 | 1:26:12 | 339 |
| 287 268 | Jaeckel | Tobias | Tri Speedys Peine | 23 AK2 - TM25 | 0:14:33 | 317 | 0:47:22 | 327 | 0:24:31 | 293 | 1:26:26 | 341 |
| 288 271 | Bendorf | Cord | Tri Speedys Peine | 32 AK4 - TM35 | 0:14:26 | 308 | 0:46:55 | 316 | 0:25:08 | 320 | 1:26:29 | 342 |
| 289 376 | Becker | Rainer | TSR Olympia Wilhelmsh | 56 Sen2 - TM45 | 0:00:00 | -- | 0:00:00 | -- | 0:25:48 | 340 | 1:26:42 | 345 |
| 290 516 | Mielke | Marvin | VSK Osterholz Triathlon | 50 AK3 - TM30 | 0:15:09 | 360 | 0:47:42 | 338 | 0:24:05 | 275 | 1:26:56 | 349 |
| 291 692 | Spötter | Ole | Tri Speedys Peine | 20 Jun - TM18 | 0:13:44 | 262 | 0:48:28 | 346 | 0:24:50 | 312 | 1:27:03 | 350 |
| 292 438 | Kostrzewa | Felix | SG LindWuRM | 37 Sen1 - TM40 | 0:17:02 | 417 | 0:47:25 | 330 | 0:23:00 | 220 | 1:27:27 | 353 |
| 293 303 | Hornung | Mathias | Tri Team Osnabrück | 7 Sen4 - TM55 | 0:16:11 | 398 | 0:47:04 | 319 | 0:24:47 | 307 | 1:28:02 | 356 |
| 294 322 | Artner | Christoph | Hannover 96 V | 24 AK2 - TM25 | 0:15:51 | 390 | 0:47:10 | 322 | 0:25:06 | 318 | 1:28:07 | 358 |
| 295 364 | Probst | Andreas | SC Weyhe | 25 Sen3 - TM50 | 0:13:09 | 221 | 0:44:09 | 254 | 0:30:50 | 432 | 1:28:08 | 359 |
| 296 479 | Pothen | Volker | SG LindWuRM | 57 Sen2 - TM45 | 0:14:17 | 300 | 0:49:36 | 369 | 0:24:18 | 285 | 1:28:11 | 360 |
| 297 393 | Fritsche | Lutz | WSV 21 Wolfenbüttel Tri | 26 Sen3 - TM50 | 0:13:53 | 272 | 0:47:54 | 341 | 0:26:31 | 371 | 1:28:17 | 362 |
| 298 368 | Bartling | Anton | Tri-Mix TSV Schwarme | 1 Sen5 - TM60 | 0:17:01 | 416 | 0:46:50 | 312 | 0:24:31 | 295 | 1:28:23 | 365 |
| 299 375 | Stüve | Thomas | Tri-Mix TSV Schwarme | 58 Sen2 - TM45 | 0:15:07 | 356 | 0:42:41 | 204 | 0:30:44 | 430 | 1:28:33 | 366 |
| 300 339 | Hebecker | Stefan | Triathlon Team Buxtehuc | 27 Sen3 - TM50 | 0:15:25 | 373 | 0:48:00 | 343 | 0:25:08 | 319 | 1:28:33 | 367 |
| 301 092 | Hecker | Ernst-Dietmar | ESV Eintracht Hameln | 1 Sen7 - TM70 | 0:14:44 | 334 | 0:48:24 | 345 | 0:25:32 | 332 | 1:28:40 | 368 |
| 302 256 | Düber | Andreas | SC Langenhagen | 59 Sen2 - TM45 | 0:16:40 | 408 | 0:47:23 | 328 | 0:24:50 | 311 | 1:28:52 | 370 |
| 303 267 | Hoff | Hinnerk | Tri Speedys Peine | 38 Sen1 - TM40 | 0:14:24 | 306 | 0:46:54 | 315 | 0:27:37 | 394 | 1:28:56 | 374 |
| 304 191 | Zahn | Axel | TRI-Sport Schwerin | 8 Sen4 - TM55 | 0:13:34 | 251 | 0:48:46 | 356 | 0:26:53 | 379 | 1:29:13 | 378 |
| 305 511 | Kebbel | Marc | VSK Osterholz Triathlon | 39 Sen1 - TM40 | 0:14:57 | 346 | 0:48:38 | 353 | 0:26:01 | 350 | 1:29:35 | 382 |

| | | | | | | | | | | | | |
|---------|--------------|-----------|-------------------------|----------------|---------|-----|---------|-----|---------|-----|----------|-----|
| 306 510 | Horn | Siegfried | VSK Osterholz Triathlon | 2 Sen5 - TM60 | 0:13:13 | 227 | 0:48:59 | 359 | 0:27:36 | 393 | 1:29:48 | 384 |
| 307 336 | Wittje | Heiko | 1.TCO Die Bären | 28 Sen3 - TM50 | 0:14:44 | 335 | 0:49:13 | 363 | 0:25:54 | 345 | 1:29:51 | 385 |
| 308 270 | Krohn | Olaf | Tri Speedys Peine | 60 Sen2 - TM45 | 0:17:36 | 422 | 0:46:08 | 297 | 0:26:12 | 357 | 1:29:55 | 387 |
| 309 175 | Michaelis | Niels | SV Teutonia Groß Laffer | 33 AK4 - TM35 | 0:16:57 | 413 | 0:47:03 | 318 | 0:25:57 | 348 | 1:29:58 | 388 |
| 310 315 | Stelling | Markus | Triathlon Team Buxtehuc | 29 Sen3 - TM50 | 0:14:49 | 337 | 0:52:06 | 395 | 0:23:14 | 237 | 1:30:09 | 390 |
| 311 285 | Giaquinto | Stefano | Triathlon Club Bremen M | 40 Sen1 - TM40 | 0:15:59 | 395 | 0:00:00 | -- | 0:00:00 | -- | 1:30:14 | 392 |
| 312 463 | Ahrens | Hans | LehrterSV-Triathlon 3 | 3 Sen5 - TM60 | 0:15:48 | 387 | 0:47:33 | 334 | 0:27:00 | 382 | 1:30:22 | 394 |
| 313 130 | Hessing | Frank | TSV Bokeloh | 4 Sen5 - TM60 | 0:18:11 | 425 | 0:44:39 | 263 | 0:27:32 | 392 | 1:30:22 | 395 |
| 314 210 | Dietrich | Rüdiger | Tri Speedys Peine | 61 Sen2 - TM45 | 0:15:36 | 382 | 0:46:09 | 299 | 0:29:00 | 417 | 1:30:46 | 397 |
| 315 295 | Krause | Jürgen | Triathlon Heidekreis | 41 Sen1 - TM40 | 0:16:19 | 401 | 0:45:49 | 285 | 0:28:46 | 416 | 1:30:54 | 399 |
| 316 269 | Kessler | Andreas | Tri Speedys Peine | 62 Sen2 - TM45 | 0:17:13 | 419 | 0:48:32 | 348 | 0:25:19 | 325 | 1:31:04 | 400 |
| 317 389 | Tölle | Christoph | TuS Blau Weiß Lohne Tr | 25 AK2 - TM25 | 0:13:47 | 264 | 0:49:08 | 361 | 0:28:21 | 407 | 1:31:16 | 402 |
| 318 371 | Plenge | Erik | Tri-Mix TSV Schwarme | 63 Sen2 - TM45 | 0:00:00 | -- | 0:00:00 | -- | 0:29:08 | 420 | 1:31:18 | 403 |
| 319 379 | Ilgner | Carsten | TSR Olympia Wilhelmsh | 42 Sen1 - TM40 | 0:16:22 | 402 | 0:50:25 | 382 | 0:24:33 | 299 | 1:31:20 | 405 |
| 320 131 | Petersen | Dirk | Tri-Speedys Peine | 64 Sen2 - TM45 | 0:14:43 | 331 | 0:50:34 | 383 | 0:26:21 | 364 | 1:31:38 | 407 |
| 321 464 | Bohlmann | Jürgen | LehrterSV-Triathlon 3 | 65 Sen2 - TM45 | 0:13:47 | 267 | 0:51:25 | 388 | 0:26:44 | 375 | 1:31:56 | 409 |
| 322 351 | Stapelfeldt | Jens | Hannover 96 IV | 66 Sen2 - TM45 | 0:16:06 | 397 | 0:49:47 | 371 | 0:26:11 | 355 | 1:32:04 | 411 |
| 323 244 | Schmidt | Tom | Uni Triathlöwen Bremen | 24 AK1 - TM20 | 0:16:05 | 396 | 0:47:52 | 340 | 0:28:21 | 408 | 1:32:18 | 414 |
| 324 439 | Kurpanik | Adalbert | SG LindWuRM | 34 AK4 - TM35 | 0:16:23 | 403 | 0:48:32 | 349 | 0:27:41 | 398 | 1:32:36 | 416 |
| 325 294 | Begemann | Thomas | Triathlon Heidekreis | 9 Sen4 - TM55 | 0:15:46 | 385 | 0:48:53 | 358 | 0:28:20 | 406 | 1:32:59 | 417 |
| 326 158 | Elsner | Wolfgang | Vfl Wolfsburg | 10 Sen4 - TM55 | 0:18:38 | 429 | 0:48:29 | 347 | 0:26:52 | 378 | 1:33:59 | 427 |
| 327 123 | Wyrowski | Bernd | Soltauer Sport Club | 5 Sen5 - TM60 | 0:14:35 | 320 | 0:49:27 | 365 | 0:30:54 | 433 | 1:34:55 | 429 |
| 328 685 | Herzer | Joschua | KEBTri-TeamSchwarme | 22 JugA - TM16 | 0:14:03 | 289 | 0:54:21 | 404 | 0:27:39 | 396 | 1:36:03 | 435 |
| 329 121 | Jaschinski | Günter | Soltauer Sport Club | 2 Sen7 - TM70 | 0:20:41 | 434 | 0:00:00 | -- | 2:12:27 | 442 | 1:37:49 | 438 |
| 330 671 | Tietjen | Jannes | Stader SV | 23 JugA - TM16 | 0:13:20 | 239 | 0:56:06 | 409 | 0:28:37 | 412 | 1:38:03 | 440 |
| 331 156 | Diers | Dirk | SV Aegir 09 Hannover | 26 AK2 - TM25 | 0:12:05 | 130 | 1:17:07 | 416 | 0:23:22 | 245 | 1:52:34 | 457 |
| -- 661 | Austermann | Jakob | 1. TCO Die Bären | -- JugA - TM16 | 0:10:26 | 31 | 0:00:00 | -- | 0:00:00 | -- | --:--:-- | -- |
| -- 672 | Kröger | Sönke | TSV Eintracht Hittfeld | -- JugA - TM16 | 0:11:12 | 59 | 0:00:00 | -- | 0:00:00 | -- | --:--:-- | -- |
| -- 338 | Stolze | Mike | Hannover 96 III | -- Sen2 - TM45 | 0:13:03 | 209 | 0:00:00 | -- | 0:00:00 | -- | --:--:-- | -- |
| -- 477 | Malchartzcek | Björn | SG LindWuRM | -- Sen1 - TM40 | 0:14:25 | 307 | 0:00:00 | -- | 0:00:00 | -- | --:--:-- | -- |
| -- 313 | Oltmanns | Erhard | Triathlon Team Buxtehuc | -- Sen3 - TM50 | 0:14:33 | 319 | 0:00:00 | -- | 0:00:00 | -- | --:--:-- | -- |
| -- 690 | Engeln | Erik | 1.TCO Die Bären | -- Jun - TM18 | 0:15:25 | 375 | 0:00:00 | -- | 0:00:00 | -- | --:--:-- | -- |

Ergebnisse 13. Triathlon des TSV Bokeloh - "lemonsports.com" Offen - 700 - 21,2 - 5,4 Frauen

| Platz | Start- | Name | Vorname | Verein | AK | Schwim | Rad | Lauf | Ziel | | | | |
|-------|--------|-------------|-----------|--------------------------|---------------|---------|-----|---------|------|---------|-----|---------|-----|
| 1 | 621 | Fricke | Tabea | TriAs Hildesheim | 1 Jun - TW18 | 0:10:00 | 15 | 0:39:25 | 84 | 0:20:08 | 64 | 1:09:33 | 46 |
| 2 | 435 | Hipler | Elke | SG LindWuRM | 1 AK4 - TW35 | 0:11:59 | 124 | 0:41:00 | 146 | 0:20:02 | 57 | 1:13:01 | 104 |
| 3 | 699 | Nolte | Vivien | TSV Bokeloh | 1 JugA - TW16 | 0:09:41 | 11 | 0:42:34 | 199 | 0:20:59 | 99 | 1:13:15 | 107 |
| 4 | 601 | Wendland | Elisabeth | Triathlon Team Braunsch | 1 AK1 - TW20 | 0:11:20 | 71 | 0:40:12 | 113 | 0:23:11 | 234 | 1:14:44 | 136 |
| 5 | 667 | Butterbrodt | Maleen | Eintracht Hildesheim Dar | 2 JugA - TW16 | 0:09:38 | 10 | 0:42:24 | 196 | 0:23:00 | 222 | 1:15:03 | 145 |
| 6 | 645 | Joseph | Laura | Eintracht Hildesheim Dar | 2 Jun - TW18 | 0:11:10 | 57 | 0:42:24 | 195 | 0:21:36 | 134 | 1:15:09 | 150 |
| 7 | 590 | Weber | Nina | Tri-Mädels-Osnabrück | 1 AK3 - TW30 | 0:10:35 | 34 | 0:42:15 | 192 | 0:22:47 | 208 | 1:15:36 | 163 |
| 8 | 642 | Nieschlag | Nele | Lehrter SV | 3 Jun - TW18 | 0:10:55 | 43 | 0:42:04 | 182 | 0:23:09 | 232 | 1:16:08 | 169 |
| 9 | 546 | Almstedt | Sanna | Waspo Triathlon Ladies | 1 Sen1 - TW40 | 0:14:02 | 288 | 0:40:52 | 139 | 0:21:33 | 132 | 1:16:27 | 175 |
| 10 | 146 | Hinrichs | Britta | 1. TCO Die Bären | 1 Sen2 - TW45 | 0:11:14 | 63 | 0:42:35 | 200 | 0:22:45 | 206 | 1:16:34 | 179 |
| 11 | 550 | Richter | Rhea | Waspo Triathlon Ladies | 1 AK2 - TW25 | 0:00:00 | -- | 0:00:00 | -- | 0:21:51 | 155 | 1:16:52 | 185 |
| 12 | 596 | Marquardt | Katja | Triathlon Team Braunsch | 2 AK1 - TW20 | 0:12:26 | 167 | 0:41:51 | 176 | 0:22:55 | 216 | 1:17:11 | 193 |
| 13 | 603 | Schübeler | Corinna | Triathlon Team Braunsch | 2 AK2 - TW25 | 0:13:07 | 217 | 0:41:45 | 173 | 0:22:23 | 187 | 1:17:15 | 196 |
| 14 | 556 | Hauenschild | Julia | TriAs Hildesheim D | 2 AK3 - TW30 | 0:11:57 | 121 | 0:42:05 | 183 | 0:23:15 | 238 | 1:17:17 | 197 |
| 15 | 665 | Vogelgesang | Anja | Hannover 96 | 3 AK1 - TW20 | 0:13:55 | 277 | 0:43:04 | 218 | 0:20:38 | 84 | 1:17:38 | 204 |
| 16 | 567 | Anderson | Britta | ESV Eintracht Hameln D: | 2 Sen2 - TW45 | 0:11:51 | 112 | 0:43:45 | 246 | 0:22:22 | 186 | 1:17:57 | 208 |
| 17 | 641 | Hinrichs | Kim | 1.TCO Die Bären | 4 Jun - TW18 | 0:11:56 | 119 | 0:43:52 | 250 | 0:23:00 | 221 | 1:18:48 | 221 |
| 18 | 557 | Michel | Dorothea | TriAs Hildesheim D | 2 Sen1 - TW40 | 0:13:58 | 282 | 0:44:01 | 252 | 0:21:13 | 113 | 1:19:11 | 228 |
| 19 | 563 | Göpfert | Melanie | Eintracht Hildesheim Dar | 3 AK3 - TW30 | 0:13:25 | 244 | 0:42:09 | 185 | 0:24:27 | 290 | 1:20:00 | 249 |
| 20 | 666 | Bonsack | Rieke | 1 TCO Die Bären | 3 JugA - TW16 | 0:10:49 | 38 | 0:44:14 | 258 | 0:24:58 | 315 | 1:20:01 | 250 |
| 21 | 615 | Krumpelmann | Marleen | Hannover 96 II | 3 AK2 - TW25 | 0:12:43 | 181 | 0:00:00 | -- | 0:00:00 | -- | 1:20:08 | 252 |
| 22 | 625 | Possiel | Jessica | TT-Team Wolfsburg | 4 AK2 - TW25 | 0:14:37 | 322 | 0:43:42 | 241 | 0:22:00 | 164 | 1:20:20 | 256 |
| 23 | 558 | Timm | Sabine | TriAs Hildesheim D | 3 Sen2 - TW45 | 0:14:04 | 290 | 0:43:17 | 226 | 0:23:24 | 246 | 1:20:45 | 263 |
| 24 | 609 | Scholz | Alexandra | Waspo Triathlon Ladies | 5 AK2 - TW25 | 0:14:58 | 349 | 0:45:00 | 271 | 0:20:53 | 96 | 1:20:52 | 265 |
| 25 | 589 | Terheggen | Simone | Tri-Mädels-Osnabrück | 6 AK2 - TW25 | 0:14:07 | 294 | 0:44:29 | 262 | 0:22:24 | 189 | 1:21:01 | 267 |
| 26 | 587 | Stetefeld | Angelika | SG Lehrte/Anderten | 2 AK4 - TW35 | 0:13:01 | 202 | 0:43:01 | 213 | 0:25:01 | 316 | 1:21:03 | 268 |
| 27 | 630 | Kölzer | Pia | Triathlon Team Buxtehuc | 4 AK1 - TW20 | 0:13:16 | 232 | 0:45:44 | 283 | 0:22:14 | 179 | 1:21:15 | 272 |
| 28 | 566 | Sachse | Evelyn | Eintracht Hildesheim Dar | 3 Sen1 - TW40 | 0:14:01 | 286 | 0:43:00 | 211 | 0:24:16 | 283 | 1:21:16 | 273 |
| 29 | 551 | Roessler | Ines | TT-Team Wolfsburg | 4 Sen2 - TW45 | 0:11:37 | 94 | 0:47:29 | 332 | 0:22:20 | 185 | 1:21:26 | 278 |
| 30 | 532 | Krohne | Kirsten | Tri-Speedys Peine - Dam | 4 Sen1 - TW40 | 0:14:52 | 341 | 0:43:24 | 227 | 0:23:45 | 261 | 1:22:01 | 284 |
| 31 | 147 | Günthner | Antje | 1.TCO Die Bären | 3 AK4 - TW35 | 0:15:28 | 376 | 0:45:23 | 280 | 0:21:17 | 118 | 1:22:08 | 287 |
| 32 | 289 | Schick | Sabine | Triathlon Club Bremen M | 5 Sen1 - TW40 | 0:13:39 | 259 | 0:41:57 | 178 | 0:26:33 | 373 | 1:22:08 | 288 |
| 33 | 259 | Brack | Lisa | 1. TCO " Die Bären " Old | 4 AK3 - TW30 | 0:12:51 | 192 | 0:45:57 | 290 | 0:23:36 | 253 | 1:22:25 | 290 |
| 34 | 646 | Munske | Josepha | SG Lehrte/Anderten | 5 Jun - TW18 | 0:11:17 | 68 | 0:44:55 | 270 | 0:26:19 | 361 | 1:22:30 | 291 |
| 35 | 562 | Geisler | Kirstin | Eintracht Hildesheim Dar | 6 Sen1 - TW40 | 0:11:45 | 105 | 0:46:03 | 296 | 0:24:48 | 308 | 1:22:35 | 292 |
| 36 | 218 | Kaindl | Kathrin | Team Erdinger Alkoholfr | 1 Sen3 - TW50 | 0:13:18 | 235 | 0:45:09 | 275 | 0:24:32 | 296 | 1:22:59 | 295 |
| 37 | 617 | Köthke | Theresia | Triathlon Team Braunsch | 7 AK2 - TW25 | 0:14:41 | 327 | 0:43:08 | 222 | 0:25:15 | 323 | 1:23:04 | 297 |
| 38 | 573 | Kutzner | Carmen | Hannover 96 II | 4 AK4 - TW35 | 0:14:56 | 345 | 0:45:03 | 273 | 0:23:10 | 233 | 1:23:10 | 299 |
| 39 | 610 | Deileke | Anna | TT-Team Wolfsburg | 5 AK3 - TW30 | 0:12:17 | 153 | 0:44:43 | 264 | 0:26:22 | 365 | 1:23:23 | 304 |
| 40 | 140 | Wildhagen | Ina | TSV Barsinghausen | 7 Sen1 - TW40 | 0:14:37 | 321 | 0:43:44 | 244 | 0:25:24 | 328 | 1:23:46 | 305 |
| 41 | 569 | Mosel | Claudia | ESV Eintracht Hameln D: | 5 AK4 - TW35 | 0:15:25 | 374 | 0:45:58 | 292 | 0:22:25 | 190 | 1:23:47 | 306 |
| 42 | 606 | Thalmann | Maren | TSV Schwarme Damen | 8 Sen1 - TW40 | 0:13:01 | 201 | 0:45:45 | 284 | 0:25:41 | 336 | 1:24:26 | 314 |

| | | | | | | | | | | | | |
|---------|----------------|------------|--------------------------|----------------|---------|-----|---------|-----|---------|-----|---------|-----|
| 43 664 | Lichtmess | Celine | Stader SV | 4 JugA - TW16 | 0:12:51 | 193 | 0:47:22 | 326 | 0:24:20 | 286 | 1:24:33 | 315 |
| 44 568 | Majewski | Petra | ESV Eintracht Hameln D: | 2 Sen3 - TW50 | 0:14:32 | 314 | 0:47:06 | 320 | 0:23:01 | 225 | 1:24:39 | 317 |
| 45 583 | Rösler | Viviane | Triathlon Team Buxtehuc | 8 AK2 - TW25 | 0:13:57 | 280 | 0:46:40 | 308 | 0:24:06 | 278 | 1:24:43 | 319 |
| 46 711 | Twele | Lara | Hannover 96 Triathlon | 9 AK2 - TW25 | 0:13:58 | 283 | 0:46:54 | 314 | 0:23:54 | 267 | 1:24:46 | 320 |
| 47 552 | Tout | Ursula | Waspo Triathlon Ladies | 5 Sen2 - TW45 | 0:12:44 | 184 | 0:00:00 | -- | 0:00:00 | -- | 1:24:51 | 321 |
| 48 553 | Struck | Sieglinde | TT-Team Wolfsburg | 6 Sen2 - TW45 | 0:14:21 | 301 | 0:45:57 | 291 | 0:24:40 | 302 | 1:24:58 | 322 |
| 49 620 | Falldorf | Leandra | Tri-Mix TSV Schwarme | 6 Jun - TW18 | 0:12:18 | 155 | 0:48:38 | 354 | 0:24:04 | 274 | 1:25:01 | 324 |
| 50 292 | Wocken | Meike | Triathlon Club Bremen M | 6 AK3 - TW30 | 0:12:28 | 170 | 0:47:20 | 323 | 0:25:18 | 324 | 1:25:06 | 326 |
| 51 246 | Grages | Katharina | TSV Bokeloh | 5 AK1 - TW20 | 0:11:09 | 55 | 0:45:04 | 274 | 0:29:39 | 423 | 1:25:53 | 335 |
| 52 644 | Beiser | Kathleen | SV Nienhagen | 7 Jun - TW18 | 0:09:57 | 14 | 0:50:03 | 378 | 0:26:08 | 353 | 1:26:08 | 337 |
| 53 591 | Weith-Hornung | Beate | Tri-Mädels-Osnabrück | 3 Sen3 - TW50 | 0:14:29 | 311 | 0:45:59 | 294 | 0:25:43 | 338 | 1:26:10 | 338 |
| 54 612 | Breitsprecher | Sara | Hannover 96 II | 10 AK2 - TW25 | 0:12:06 | 134 | 0:46:42 | 309 | 0:27:24 | 387 | 1:26:12 | 340 |
| 55 251 | Herzer | Astrid | KEBTri-TeamSchwarme | 9 Sen1 - TW40 | 0:13:15 | 230 | 0:49:30 | 367 | 0:23:47 | 263 | 1:26:33 | 343 |
| 56 647 | Schlinkmann | Julia | ESV Eintracht Hameln D: | 8 Jun - TW18 | 0:12:07 | 135 | 0:45:55 | 289 | 0:28:40 | 413 | 1:26:41 | 344 |
| 57 137 | Nehen | Frauke | VSK Triathlon | 7 AK3 - TW30 | 0:14:38 | 324 | 0:46:53 | 313 | 0:25:13 | 322 | 1:26:45 | 346 |
| 58 604 | Möller | Melanie | Tri-Speedys Peine - Dam | 11 AK2 - TW25 | 0:12:22 | 160 | 0:49:48 | 372 | 0:24:37 | 300 | 1:26:47 | 347 |
| 59 594 | Seegers | Katharina | Hannover 96 II | 12 AK2 - TW25 | 0:12:46 | 185 | 0:45:49 | 286 | 0:28:12 | 404 | 1:26:48 | 348 |
| 60 571 | Ballmann | Andrea | SG Lehrte/Anderten | 7 Sen2 - TW45 | 0:17:04 | 418 | 0:45:22 | 279 | 0:24:40 | 303 | 1:27:06 | 351 |
| 61 428 | Wagner | Annika | TV 01 Bohmte | 10 Sen1 - TW40 | 0:12:35 | 176 | 0:48:14 | 344 | 0:26:24 | 366 | 1:27:13 | 352 |
| 62 559 | Zeh | Katja | TriAs Hildesheim D | 8 AK3 - TW30 | 0:00:00 | -- | 0:00:00 | -- | 0:23:29 | 249 | 1:27:55 | 354 |
| 63 581 | Plöger | Ingrid | Triathlon Team Buxtehuc | 1 Sen4 - TW55 | 0:15:07 | 357 | 0:47:25 | 329 | 0:25:26 | 329 | 1:27:58 | 355 |
| 64 555 | Haake | Jeannette | TriAs Hildesheim D | 11 Sen1 - TW40 | 0:13:43 | 260 | 0:49:00 | 360 | 0:25:20 | 326 | 1:28:02 | 357 |
| 65 611 | Joest | Julia | TT-Team Wolfsburg | 9 AK3 - TW30 | 0:14:40 | 325 | 0:47:22 | 325 | 0:26:16 | 360 | 1:28:17 | 361 |
| 66 542 | Garbers | Nicole | LC Hansa Stuhr "Die Rot | 10 AK3 - TW30 | 0:16:16 | 400 | 0:46:38 | 307 | 0:25:27 | 330 | 1:28:20 | 363 |
| 67 139 | Staats | Silke | TSV Anderten | 12 Sen1 - TW40 | 0:14:33 | 316 | 0:46:31 | 304 | 0:27:17 | 386 | 1:28:21 | 364 |
| 68 570 | Radau | Angela | ESV Eintracht Hameln D: | 2 Sen4 - TW55 | 0:15:38 | 383 | 0:48:52 | 357 | 0:24:21 | 287 | 1:28:51 | 369 |
| 69 452 | Dressler | Britta | SV Altencelle Trimixer | 8 Sen2 - TW45 | 0:14:22 | 304 | 0:49:50 | 373 | 0:24:40 | 304 | 1:28:52 | 371 |
| 70 582 | Puller | Martine | Triathlon Team Buxtehuc | 13 AK2 - TW25 | 0:15:09 | 359 | 0:47:25 | 331 | 0:26:20 | 362 | 1:28:54 | 372 |
| 71 213 | Wille | Monika | Ute-Mueckel-Sebamed-T | 1 Sen5 - TW60 | 0:15:58 | 394 | 0:47:06 | 321 | 0:25:50 | 341 | 1:28:55 | 373 |
| 72 564 | Kasper | Nadine | Eintracht Hildesheim Dar | 11 AK3 - TW30 | 0:14:57 | 348 | 0:46:23 | 301 | 0:27:43 | 399 | 1:29:03 | 375 |
| 73 640 | Brunken | Fenna | 1. TCO Die Bären | 9 Jun - TW18 | 0:13:22 | 242 | 0:48:41 | 355 | 0:27:01 | 383 | 1:29:05 | 376 |
| 74 585 | Kopetzki | Christina | SG Lehrte/Anderten | 6 AK4 - TW35 | 0:14:26 | 309 | 0:46:37 | 306 | 0:28:08 | 403 | 1:29:10 | 377 |
| 75 597 | Munzel | Laura | Triathlon Team Braunsch | 6 AK1 - TW20 | 0:14:41 | 328 | 0:48:37 | 352 | 0:26:00 | 349 | 1:29:18 | 379 |
| 76 548 | Burgtorf | Christine | Waspo Triathlon Ladies | 9 Sen2 - TW45 | 0:16:58 | 414 | 0:47:39 | 337 | 0:24:43 | 305 | 1:29:20 | 380 |
| 77 574 | Kuchinke | Sigrid | TSV Schwarme Damen | 4 Sen3 - TW50 | 0:16:30 | 406 | 0:46:32 | 305 | 0:26:21 | 363 | 1:29:23 | 381 |
| 78 706 | Bremus | Dany | TriTeam TSV Arminia Vö | 12 AK3 - TW30 | 0:13:57 | 281 | 0:48:36 | 351 | 0:27:04 | 384 | 1:29:38 | 383 |
| 79 710 | Munske | Johanna | SG Lehrte/Anderten | 5 JugA - TW16 | 0:12:15 | 150 | 0:47:34 | 335 | 0:30:06 | 425 | 1:29:54 | 386 |
| 80 579 | McCarthy-Bunge | Nicola | Triathlon Team Buxtehuc | 10 Sen2 - TW45 | 0:15:34 | 381 | 0:50:00 | 376 | 0:24:32 | 297 | 1:30:06 | 389 |
| 81 592 | Rödger | Antje | Hannover 96 II | 11 Sen2 - TW45 | 0:12:42 | 180 | 0:51:04 | 385 | 0:26:27 | 368 | 1:30:12 | 391 |
| 82 533 | Hils | Sylvia | Uni Triathlōwinnen Brem | 7 AK4 - TW35 | 0:00:00 | -- | 0:00:00 | -- | 0:00:00 | -- | 1:30:20 | 393 |
| 83 436 | Hoffmann | Insa | SG LindWuRM | 13 AK3 - TW30 | 0:12:53 | 197 | 0:51:52 | 391 | 0:25:50 | 342 | 1:30:35 | 396 |
| 84 572 | Schöning | Silke | Tri-Mädels-Osnabrück | 13 Sen1 - TW40 | 0:15:13 | 362 | 0:49:12 | 362 | 0:26:28 | 369 | 1:30:53 | 398 |
| 85 623 | Staaave | Kristina | Tri-Mix TSV Schwarme | 10 Jun - TW18 | 0:13:17 | 234 | 0:49:20 | 364 | 0:28:35 | 409 | 1:31:13 | 401 |
| 86 536 | Pfaehler | Elisabeth | Uni Triathlōwinnen Brem | 14 AK2 - TW25 | 0:00:00 | -- | 0:00:00 | -- | 0:23:39 | 256 | 1:31:20 | 404 |
| 87 538 | Schulz | Diana | Tri-Speedys Peine - Dam | 14 Sen1 - TW40 | 0:15:38 | 384 | 0:50:23 | 381 | 0:25:23 | 327 | 1:31:24 | 406 |
| 88 576 | Meier | Ina | LSV Tri-Team Wolfenbüt | 15 Sen1 - TW40 | 0:14:22 | 302 | 0:50:01 | 377 | 0:27:29 | 390 | 1:31:53 | 408 |
| 89 549 | Göthel | Sylvia | Waspo Triathlon Ladies | 14 AK3 - TW30 | 0:12:59 | 200 | 0:50:17 | 380 | 0:28:46 | 415 | 1:32:02 | 410 |
| 90 148 | Platter | Birgit | LSV Tri Team Wolfenbüt | 12 Sen2 - TW45 | 0:14:56 | 344 | 0:49:57 | 374 | 0:27:15 | 385 | 1:32:08 | 412 |
| 91 543 | Glaser | Maria | LC Hansa Stuhr "Die Rot | 15 AK3 - TW30 | 0:14:05 | 291 | 0:51:14 | 386 | 0:26:55 | 380 | 1:32:14 | 413 |
| 92 431 | Antony | Anja | SG LindWuRM | 16 Sen1 - TW40 | 0:16:23 | 404 | 0:48:34 | 350 | 0:27:38 | 395 | 1:32:35 | 415 |
| 93 539 | Biskup | Meike | TriAs Hildesheim D | 13 Sen2 - TW45 | 0:14:43 | 330 | 0:52:05 | 393 | 0:26:30 | 370 | 1:33:18 | 418 |
| 94 530 | Klein | Hannah | Uni Triathlōwinnen Brem | 16 AK3 - TW30 | 0:15:08 | 358 | 0:53:05 | 399 | 0:25:11 | 321 | 1:33:24 | 419 |
| 95 144 | Hartwig | Angelika | Triathlon Club Bremen | 3 Sen4 - TW55 | 0:18:26 | 427 | 0:50:05 | 379 | 0:24:54 | 313 | 1:33:26 | 420 |
| 96 624 | Till | Friederike | Tri-Mix TSV Schwarme | 11 Jun - TW18 | 0:15:25 | 372 | 0:51:52 | 390 | 0:26:10 | 354 | 1:33:27 | 421 |
| 97 622 | Hildebrandt | Finja | Triathlon Team Buxtehuc | 12 Jun - TW18 | 0:00:00 | -- | 0:00:00 | -- | 0:28:40 | 414 | 1:33:29 | 422 |
| 98 372 | Glinnsmann | Andrea | TRI TEAM UMMEL | 8 AK4 - TW35 | 0:16:27 | 405 | 0:49:30 | 366 | 0:27:32 | 391 | 1:33:29 | 423 |
| 99 545 | Halang | Katrin | LC Hansa Stuhr "Die Rot | 17 AK3 - TW30 | 0:15:30 | 378 | 0:49:33 | 368 | 0:28:35 | 410 | 1:33:39 | 424 |
| 100 616 | Krause | Carolin | Hannover 96 II | 18 AK3 - TW30 | 0:15:23 | 369 | 0:52:05 | 394 | 0:26:12 | 356 | 1:33:40 | 425 |
| 101 373 | Wisbar | Britta | TRI TEAM UMMEL | 19 AK3 - TW30 | 0:17:36 | 423 | 0:49:57 | 375 | 0:26:15 | 359 | 1:33:49 | 426 |
| 102 141 | Erich | Agathe | LSV Tri-Team Wolfenbüt | 14 Sen2 - TW45 | 0:18:46 | 431 | 0:47:31 | 333 | 0:27:55 | 401 | 1:34:11 | 428 |
| 103 420 | Böhm | Birgitt | TV 01 Bohmte | 15 Sen2 - TW45 | 0:16:50 | 411 | 0:52:07 | 396 | 0:26:01 | 351 | 1:34:58 | 430 |
| 104 614 | Hornbruch | Kai Anke | Hannover 96 II | 17 Sen1 - TW40 | 0:16:35 | 407 | 0:47:45 | 339 | 0:31:05 | 434 | 1:35:25 | 431 |
| 105 588 | Tiedtke-Crede | Angelika | SG Lehrte/Anderten | 4 Sen4 - TW55 | 0:13:55 | 276 | 0:51:21 | 387 | 0:30:09 | 427 | 1:35:25 | 432 |
| 106 575 | Jung | Karin | Hannover 96 II | 5 Sen3 - TW50 | 0:18:09 | 424 | 0:49:39 | 370 | 0:27:47 | 400 | 1:35:34 | 433 |
| 107 643 | Baller | Lena | TSR Olympia Wilhelmsh | 13 Jun - TW18 | 0:14:14 | 299 | 0:52:18 | 397 | 0:29:08 | 419 | 1:35:40 | 434 |
| 108 544 | Bennecke | Astrid | TriAs Hildesheim D | 18 Sen1 - TW40 | 0:13:59 | 284 | 0:51:58 | 392 | 0:30:19 | 429 | 1:36:16 | 436 |
| 109 586 | Schneider | Kirsten | SG Lehrte/Anderten | 6 Sen3 - TW50 | 0:15:24 | 370 | 0:55:05 | 407 | 0:25:54 | 344 | 1:36:23 | 437 |
| 110 421 | Brockmann | Elke | TV 01 Bohmte | 16 Sen2 - TW45 | 0:18:50 | 433 | 0:53:05 | 400 | 0:25:55 | 347 | 1:37:50 | 439 |
| 111 455 | Hoog | Britta | SV Altencelle Trimixer | 20 AK3 - TW30 | 0:16:13 | 399 | 0:53:03 | 398 | 0:29:07 | 418 | 1:38:23 | 441 |
| 112 365 | Prokopp | Victoria | SC Weyhe | 7 AK1 - TW20 | 0:14:45 | 336 | 0:50:44 | 384 | 0:33:02 | 438 | 1:38:31 | 442 |
| 113 186 | von Döllen | Nicole | Harpstedter TB Triathlon | 9 AK4 - TW35 | 0:17:01 | 415 | 0:51:33 | 389 | 0:30:08 | 426 | 1:38:42 | 443 |
| 114 584 | Sienknecht | Christa | Triathlon Team Buxtehuc | 5 Sen4 - TW55 | 0:16:54 | 412 | 0:53:52 | 402 | 0:28:17 | 405 | 1:39:02 | 444 |
| 115 535 | Perlebach | Sandra | Tri-Speedys Peine - Dam | 10 AK4 - TW35 | 0:14:42 | 329 | 0:56:18 | 410 | 0:29:34 | 422 | 1:40:35 | 445 |
| 116 454 | Hirschfeld | Dörte | SV Altencelle Trimixer | 17 Sen2 - TW45 | 0:18:40 | 430 | 0:55:31 | 408 | 0:26:56 | 381 | 1:41:07 | 446 |
| 117 534 | Hoberg | Marion | TSV Schwarme Damen | 18 Sen2 - TW45 | 0:16:48 | 409 | 0:54:37 | 405 | 0:29:48 | 424 | 1:41:13 | 447 |
| 118 702 | Picker | Johanna | VTB Triathlon Varel | 6 JugA - TW16 | 0:15:04 | 352 | 0:53:08 | 401 | 0:33:11 | 439 | 1:41:23 | 448 |
| 119 453 | Escher | Ines | SV Altencelle Trimixer | 19 Sen1 - TW40 | 0:18:12 | 426 | 0:54:18 | 403 | 0:29:30 | 421 | 1:42:00 | 449 |

| | | | | | | | | | | | | | |
|-----|-----|---------------|------------|--------------------------|----------------|---------|-----|---------|-----|---------|-----|----------|-----|
| 120 | 619 | Wittenberg | Clara | Hannover 96 II | 14 Jun - TW18 | 0:13:54 | 275 | 0:58:39 | 412 | 0:30:15 | 428 | 1:42:48 | 450 |
| 121 | 565 | Romanowski | Silke | Eintracht Hildesheim Dar | 20 Sen1 - TW40 | 0:00:00 | -- | 0:00:00 | -- | 0:33:31 | 440 | 1:44:09 | 451 |
| 122 | 298 | Poppe-Neumann | Anja | Triathlon Heidekreis | 19 Sen2 - TW45 | 0:15:05 | 354 | 0:59:15 | 413 | 0:30:49 | 431 | 1:45:08 | 452 |
| 123 | 143 | Elsner | Anne Marie | Vfl Wolfsburg | 6 Sen4 - TW55 | 0:22:21 | 435 | 0:54:54 | 406 | 0:31:29 | 436 | 1:48:44 | 453 |
| 124 | 547 | Toppe | Frauke | TSV Schwarme Damen | 7 Sen3 - TW50 | 0:18:30 | 428 | 0:59:26 | 414 | 0:31:07 | 435 | 1:49:02 | 454 |
| 125 | 537 | Rudolph | Margrit | Uni Triathlöninnen Brem | 7 Sen4 - TW55 | 0:14:33 | 315 | 0:58:00 | 411 | 0:36:39 | 441 | 1:49:11 | 455 |
| 126 | 578 | Wendland | Sabine | Triathlon Team Braunsch | 8 Sen3 - TW50 | 0:15:28 | 377 | 1:02:45 | 415 | 0:32:19 | 437 | 1:50:31 | 456 |
| -- | 722 | Zander | Laura | BSV Buxtehude | -- JugA - TW16 | 0:12:59 | 199 | 0:00:00 | -- | 0:00:00 | -- | --:--:-- | -- |
| -- | 529 | Evers | Sabrina | LC Hansa Stuhr "Die Rot | -- AK3 - TW30 | 0:14:28 | 310 | 0:00:00 | -- | 0:00:00 | -- | --:--:-- | -- |